

START HERE

**St. Louis Area
Resource Directory**

JANUARY 2015

Produced by
INSIDE DHARMA,
a Buddhist outreach organization.

For information, visit
www.INSIDEdharma.net
314-254-3243

ST. LOUIS, MISSOURI

***The Start Here St. Louis Area Resource Directory* and its corresponding website are produced by Inside Dharma**, a Buddhist outreach organization that works with individuals both inside and outside of state correctional institutions, and provides services to homeless persons in the St. Louis area.

This Directory gathers into one place many of the resources and services that are available throughout the metropolitan area. In addition to addresses and phone numbers, we've provided the website address for most these organizations. Looking at an agency's website will provide more information about the place before you call them or go there.

www.StartHereSTL.org

Visit the Start Here website for more information about the organizations listed as well as additional updated listings.

**PUBLIC LIBRARIES
provide computers and computer labs
for access to the internet.**

**JANUARY 2015
St. Louis, Missouri**

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HOTLINES & WEBSITES

Alcoholics Anonymous (AA)	314-647-3677
ALIVE-Domestic Violence	314-993-2777
Call For Help Metro East.....	618-397-0968
Cocaine Anonymous (CA).....	314-361-3500
Covenant House Youth Hotline	800-999-9999
Crisis Nursery Emergency Care for Children	314-768-3201
Epworth Street Outreach (YES).....	314-727-6294
GED Hotline	800-626-9433
Life Crisis Suicide Hotline.....	314-647-4357
MO Child Abuse and Neglect.....	800-392-3738
Narcotics Anonymous (NA)	314-830-3232
Runaway Switchboard.....	800-621-4000
Safe Connections-Domestic Violence	314-531-2003
Women's Safe House.....	314-772-8952
Youth In Need Hotline	636-946-3771

2-1-1 (Operated by United Way 24/7)

www.211.org Alt. Number: 800-427-4626

Counseling, education, employment, utility assistance, etc. Mainly referrals. Includes information on weather shelters and parish food pantries..

AFFORDABLE CARE ACT HEALTH INSURANCE (Obamacare)

www.HealthCare.gov INFORMATION LINE: 1-855-373-9994

MISSOURI HEALTH CARE MARKETPLACE

www.EnrollMissouri.org 24-Hour Hotline: 800-318-2596

Hotline handles consumer questions and starts the process.

CATHOLIC CHARITIES

www.ccstl.org 314-367-5500

COVER MISSOURI (The Health insurance Marketplace)

www.covermissouri.org 800-318-2596

AID TO VICTIMS OF CRIME Hotline: 314-652-3623

BEHAVIORAL HEALTH RESPONSE

www.bhrstl.org 24-hour Crisis Line: 314-469-6644 or 800-811-4760

CHILD ABUSE AND NEGLECT HOTLINE

800-392-3738

ENERGY CARE

www.energycare.org 314-773-5900

Energy-related services for the low-income elderly, ill, disabled and families with young children in St. Louis City and County.

HOMELESS HOTLINE (KANSAS CITY AREA) 816-474-4599

**HOMELESS HOTLINE ST. LOUIS: HOUSING RESOURCE CENTER
314-802-5444 800 N. Tucker Blvd. 63101**

Hotline for access to homeless shelters and other housing programs.
Most facilities require a referral from the Housing Resource Center.

HUNGER HOTLINE

Operation Food Search: 314-726-5355 Ext. 3

This organization provides an automated list of food pantries by zip code.

www.medicaid.gov

Low cost health insurance through Medicaid or CHIP (Children's Health Insurance Program). Federal website.
CHIPS INFORMATION ON PAGE 33.

MID-EAST AREA AGENCY ON AGING

www.mid-eastaaa.org 636-207-0847 or 636-207-1323

NATIONAL ALLIANCE FOR MENTAL HEALTH (NAMI)

Nation-wide Suicide Prevention

www.nami.org HOTLINE number: 800-273-8255

The NAMI website provides resources and information about mental illness.

NATIONAL DOMESTIC VIOLENCE

800-799-SAFE (7233) or 800-787-3224

NATIONAL SEXUAL ASSAULT

800-656-HOPE (4673)

PARAQUAD

www.paraquad.org 314-289-4200

Advocacy and programs to provide independence for people with disabilities.

SAFE CONNECTIONS

314-531-2003 www.safeconnections.org

Various programs and therapy for victims of domestic violence.

ST. LOUIS CITY GOVERNMENT WEBSITE www.stlouis-mo.gov

ST. LOUIS COUNTY GOVERNMENT WEBSITE www.caastlc.org

ST. LOUIS YOUTH CONNECTION

www.youthinneed.org

24 hour Helpline: 314-628/2929 or 877/928-2929 Text: 4HLP to 31658

www.socialserve.com or 1-877/428-8844

Rental Listings at low or subsidized rates

www.HomelessShelterDirectory.org

A website for shelters and resources in out-state Missouri.

URBAN LEAGUE

www.ulstl.com 314-615-3600

Many of the organizations listed here receive grants and federal funds. They are mandated to provide services and assistance, so take your time going through the book, read the requirements and make use of what they have to offer.

AFFORDABLE CARE ACT (Obamacare)

www.HealthCare.gov. and www.EnrollMissouri.org 800-318-2596. This is a 24-hour hotline that handles consumers' questions.

The Missouri website **www.enrollmissouri.org** is essentially a portal for **www.HealthCare.gov**. There is some extra information at the Missouri website, so it might be useful to start here.

HOUSING RESOURCE CENTER

800 North Tucker 63101

314-802-5444

Most (but not all) of the shelters and transitional housing locations in both the city and county require a referral from the Housing Resource Center, (HRC) so you can save yourself some time by calling the above number or visiting their downtown location first. Start calling at 8:00 am if you are looking for a shelter for that night. The Housing Resource Center is located in the same building as St. Patrick Center but they are separate agencies.

PEOPLE'S COMMUNITY ACTION CORPORATION

An Affiliate of Betty Jean Kerr People's Health Centers

www.pcacstl.org Below are the main locations:

Central City Office: 2012 Martin Luther King Dr. 63106 314-269-5210

Cook Elementary School: 5935 Horton Pl. 63112 314-862-6270

6827 S. Broadway (at Longborough Ave.) 63111 314-353-1457

SAINT LOUIS COUNTY DEPARTMENT OF HEALTH

www.stlouisco.com

Many locations and resources. Go to the County website and click on the tab Health & Wellness.

ST. PATRICK CENTER

800 North Tucker 63101

www.stpatrickcenter.org 314-802-0700

The St. Patrick Partnership Center is a one-stop location downtown that offers more than 25 programs and 13 partner organizations, all in one place. Programs include: Direct Assistance (food, clothing, utilities, hot lunches, etc.); Referrals to Shelters; Rental and Mortgage Payment Assistance; Counselling; Tutoring and GED classes; Health and Dental Care through Grace Hill; Mental Health Services; Legal Services; Day Care; Life Skills, small business development, and more. Shamrock Club provides employment training, financial counseling, 12-step and substance abuse counseling.

www.fcc.gov/lifeline

A website for free or discounted cell phones.

www.dss.mo.gov/offices

Information and locations for the Missouri Department of Social Services.

HOW TO CONTACT AGENCIES AND GET RESULTS

1. Take notes. Have paper and pencil ready when you make a call. Be ready to give a brief but complete account of what you need. Eliminate unrelated information.
2. Be ready to provide your full name and contact information such as how or where you can be reached or get messages.
3. If your inquiry involves an agency that uses an identifying case or file number, have that ready.
4. Be sure to record the name and title of people you talk to and confirm their phone numbers in your notes.
5. Keep your notes together on all of your contacts to each agency so that you can supply information when you make follow-up calls.
6. Take the time to say THANK YOU to those who assist you!

STREETWISE SAFETY TIPS

Stay Alert and tuned into your surroundings wherever you are.

Act as if you're calm, confident, and know where you're going.

Don't accept rides from someone you don't know and/or trust.

Trust your instincts. If something or someone makes you uneasy, avoid the person or situation and leave as soon as possible.

Know the neighborhoods where you spend time, including locations of fire and police stations, as well as the DOWNTOWN GUIDES riding bikes in yellow shirts.

Try to walk places with your friends rather than alone.

Stick to well-lighted, well traveled streets. Avoid shortcuts through wooded areas, parking lots, or alleys.

Take the safest route when traveling on foot.

Don't display your cash or any other inviting targets such as cell phones.

Carry your backpack or purse close to your body and keep it closed.

If you are just carrying your wallet. Put it inside your coat or a pocket, not in your backpack. Keep your I.D. and other important papers safe and close.

If you think you are being followed switch directions or cross the street. If they're still there, move quickly toward an area with more people. Don't be afraid to yell for help. Or try walking into a store or other public area.

If someone tries to rob you give up your property – don't give up your life. Report the crime to the police immediately. Try to describe the attacker accurately. Your actions can help prevent others from becoming victims.

Be alert and report suspicious activity.

CLOTHING

CENTRAL REFORM CONGREGATION

5020 Waterman 63108

314-361-3919

Walk-in clothing and food pantry Monday - Friday, 9 - 5.

CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS

www.connectionstosuccess.org

2125 Bissell (No street sign - In the Grace Hill building near Grand and Florissant) 63107 314-584-6887

3000 Little Hills Expressway St. Charles 63301 636-940-8027

Monday-Friday 9:00 am-4:00 pm. Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated, as well as other job seekers. Grace Hill address for women only. Call to make an appointment if possible.

DREAM CENTER

4324 Margaretta Ave. 63115

www.stldreamcenter.org 314-381-0700

Distributes new and gently used clothing and accessories at no charge. Open to the public Monday, Tuesday, Wednesday, and Friday 1:00 pm-3:00 pm. Closed Thursdays.

FOCUS GATEWAY CITY

1901 Ann Avenue 63104 314-776-4205

Food Pantry and Clothing/housewares Closet and Computer Center are open the 2nd and 4th Wednesdays of the month from 9:30-11am.

GUARDIAN ANGEL/HOSEA HOUSE

2635 Gravois 63118 314-773-9027

www.gasastl.org

Zip codes 63104 and 63118 only. They are open every day but an appointment is needed. Call the above number to schedule times. Also food pantry.

ISAIAH 58 MINISTRIES

2149 South Grand 63104 314-776-1410

Provides help with clothing and is also a food pantry. Serves area between Chouteau and Chippewa, between Jefferson and Kingshighway. Clothing Monday-Friday, 10:00 am-noon. Pantry is open Tues, Wed, Thurs. 10 - 1.

JOINT NEIGHBORHOOD MINISTRY

2911 McNair Ave. 63118 314-771-3987

Clothing Room Tuesdays 9:30 am - 12:00 pm

KAREN HOUSE**1840 Hogan 63106 314-621-4052**

Every Thursday 1:00 pm-3:00 pm.

KINGDOM HOUSE**1321 S. 11th St. 63104 314-421-0400**

Many family support services including trips to the food pantry and thrift shop. Zip codes 63104 and 63118 only. Call first.

NEW LIFE EVANGELISTIC CENTER**1411 Locust 63103****www.newlifeevangelisticcenter.org 314-421-3020**

Free clothing. Monday-Friday 10:00 am-noon.

ST. AUGUSTINE'S CATHOLIC CHURCH (FATHER BOB'S)**1371 Hamilton Ave. 63112****www.st-augustine-stl.org 314-385-1934**

Food pantry and clothing Monday and Friday 9:30 am-11 am. Matching \$25 fund utility aid starting at 6:00 am Monday, Wednesday, and Friday.

ST. JOHN'S COMMUNITY SERVICE MINISTRY**2240 St. Louis Ave.****314-533-8668**

Monday and Friday 8:30 - 10:30

ST. LOUIS COMMUNITY RE-ENTRY PROGRAM**1809 S.8th STREET 63104****314-621-0228 or 314- 951-4048**

Clothing pantry Thursday 10 -2. Transitional housing and other services.

ST. PATRICK CENTER**800 N. Tucker 63101****www.stpatrickcenter.org 314-802-0700**

Tuesday and Thursday 1:00 pm-2:30 pm. Second Saturdays 8:00-noon.

ST. VINCENT DE PAUL CHURCH**1408 South 10th St. 63104 314-231-9328**

Free clothing Tuesday noon-1:30 pm.

ST. VINCENT DE PAUL THRIFT STORES**www.svdpstlouis.org/thrift-stores**

**If you are in danger and need assistance, call the National Domestic Violence Hotline and they can connect you to resources in your area 24 hours a day, 7 days a week:
800-799-SAFE (7233)**

for DADS

BETTER FAMILY LIFE

5415 Page Blvd. 63112 (Note: new location.)

www.betterfamilylife.org 314-367-3440

Workforce development and many other programs offered by this long time St. Louis agency. Social, cultural, artistic, youth, economic, housing and educational programs that help to promote positive and innovative changes within the metropolitan St. Louis area. Much of BFL's programming is geared towards people who are unemployed, underemployed, disadvantaged and need skill enhancement. Numerous programs and initiatives.

CHILD SUPPORT HOTLINE

800-859-7999

Supportive services and information, including genetic testing and updates on cases.

CONNECTIONS TO SUCCESS

See page 8 for info about this outreach program for job success.

EMPLOYMENT CONNECTION

2838 Market Street 63103

www.employmentstl.org 314-333-JOBS (5627)

Pathways to responsible fatherhood. Includes parenting, economic stability and legal services. See page 12 for more information on Employment Connection.

THE FATHERHOOD INITIATIVE

1911 North Taylor 63113

www.ccstl.org 314-535-0017

For men who may or may not be fathers. An eight-week intensive program, that meets for several hours daily. Helps men learn how to engage with their children in positive ways and take on the responsibilities of fatherhood. Also includes legal services. A Catholic Charities program.

FATHERS SUPPORT CENTER

Prince Hall Family Support Center

4411 N. Newstead 63115

www.fatherssupportcenter.org 314-333-4170

A comprehensive menu of programs and services for men who want to become responsible fathers. The Fathers' Support Center Legal Clinic offers legal advocacy and legal services in the areas of child support payment modifications, legal visitation, etc. Also, employment services.

www.fatherhood.org/insideoutdad

A national program that works to develop strong relationships between fathers who have been incarcerated and their children. Check this website for ideas and resources.

DROP-IN CENTERS

THE BRIDGE OUTREACH

1610 Olive St. 63103

www.bridgestl.org 314-421-3136

Open Monday-Thursday 6:30 am-6:00pm and Friday 6:30 am-2:00 pm.

Saturday 6:30 - 1 and Noon - 6pm on Sunday.

Services include hot meals, permanent mailing address service, hygiene items, and referrals to other agencies. Birth certificates and state IDs: Tuesdays 8:00 am-12:30 pm. Also provides the use of restrooms, on-site health services, phones to make local calls, social work services, and spiritual services. **See page 16 for meal times.**

HORIZON CLUB (Open 24 Hours a Day)

202 N. 23rd St. 63103 314-436-1733

This 24-hour safe haven offers showers, coffee, access to agencies, computers/internet access, microwave, laundry, lockers. Chairs but no beds. **Visitor/guests** welcome up to six hours per day and must leave by midnight. **Members** can stay longer but must meet certain disability requirements.

PLACES FOR PEOPLE WELCOME CENTER

4130 Lindell Blvd. 63108

www.placesforpeople.org 314-615-2111

You can set up an appointment, but it is not mandatory. The Places for People Welcome Center has walk-in hours Monday-Friday 9:00 am-noon. Walk-ins will meet with an intake clinician for screening, information and referrals.

ST. LOUIS EMPOWERMENT CENTER

Depression Bipolar Support Alliance (DBSA)

1908 Olive St. 63103

www.dbsaempowerment.org

314-652-6100 Friendship Line: 866-525-1442

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00 am-3:00pm. Lunch daily. Many support groups, programs and employment classes.

THE SPOT for ages 13-24

4169 Laclède 63108

www.thespot.wustl.edu 314-535-0413

A drop-in center with computers, medical care, showers, laundry, mental health counseling, and more. Open 1:00 pm-5:00 pm weekdays. Walk-in medical services 1-2:30. Pregnancy testing and contraception are available, well woman exams, as well as STD/HIV testing for all.

WOMAN'S PLACE

www.womansplacestl.org

8300 Morganford 63123 (in the back of St. Mark Church) 314-645-4848

Monday-Friday 10:00 am-5:00 pm.

4116 McClay 63304 St. Charles 636-373-7911

Monday-Thursday. Call for times.

EMPLOYMENT & TRAINING

AMERICORPS

1315 Ann Ave. 63104

www.americorps-stl.org 314-772-9002

Year-round recruitment for people to work in disaster relief. Call for details

COMMUNITY ACTION AGENCY OF ST LOUIS COUNTY (CAASTL)

2709 Woodson Rd 63114 314-863-0015 www.caastlc.org

Assists residents of St Louis County meet the terms of their probation and parole, including GED, money management, counseling, family development, job readiness and placement. Many other services.

CRAIGSLIST

www.craigslist.org

Website only. Look for St. Louis, and see the many jobs that are listed there. They also list housing, items for sale, and other services.

www.department-store-applications.com

Department store and retail listings, info, and applications.

EDUCATIONAL OPPORTUNITY CENTERS

4495 Forest Park Avenue 63108 314-535-6670

Part of the federally-funded TRIO program. The Educational Opportunity Centers provide free educational counseling to assist individuals in furthering their education beyond high school. Call for an appointment

EMPLOYMENT CONNECTION

2838 Market Street 63103

www.employmentstl.org 314-333-JOBS (5627)

Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. World of Work (WOW) training is Monday-Thursday 9:00 am-3:30 pm. Call to schedule orientation session. New programs for veterans now available. Job leads and more after orientation.

GREAT HIRES

www.greathires.org

The official workforce resource website for the State of Missouri. Extensive job listings.

JEFFERSON ONLINE INFORMATION NETWORK (JOIN-N)

www.join-n.org

A comprehensive list of resources and information throughout Jefferson County, including medical, housing and employment services.

JOB CORPS CENTER

4333 Goodfellow Boulevard 63120
www.stlouis.jobcorps.gov 314/679-6200

Job Corps is a no-cost education and career technical training program administered by the U.S. Department of Labor that provides career technical and academic training for ages 16 through 24.

KINGDOM HOUSE

1321 South 11th Street 63104
www.kingdomhouse.org 314-421-0400

A variety of programs and classes, including job readiness, GED, ESL.

MERS GOODWILL INDUSTRIES

1727 Locust St. 63103
www.mersgoodwill.org 314-241-1133

Many programs and locations, including services for veterans. Juvenile Justice helps youth in juvenile detention centers find employment and obtain a GED.

METROPOLITAN EDUCATION & TRAINING CENTER (METCENTER)

6347 Plymouth Ave. 63133
www.metcenterstl.com 314-746-0700

Accessible job training, placement, assessment, career development services and transportation services.

MISSOURI DEPT. OF LABOR AND INDUSTRIAL RELATIONS

www.dolir.mo.gov 573-751-9691

Information about wages, unemployment compensation, etc. and a good source for potential employers looking for incentives to hire individuals with criminal histories.

MISSOURI RE-ENTRY PROGRAM (MRP)

www.worksmart.ded.mo.gov 573-526-1664

MORE THAN CARPENTRY

1259 Stephen Jones Ave. 63133
www.morethancarpentry.org 314-862-0515

Learn the trade of cabinet making, including furniture and millwork through carpentry education and apprenticeship training.

NEAR SOUTHSIDE EMPLOYMENT COALITION

2649 Pestalozzi St. 63118
www.nsecworks.org 314-865-4453

Training and job placement services. History of working successfully with offenders. Develop computer skills and interviewing. Screening and referring qualified applicants for available positions

REDEVELOPMENT OPPORTUNITIES FOR WOMEN (ROW)

www.row-stl.org

City Office: Downtown Location.

Call for address and more info. 314-588-8300

Mailing address: PO Box 806 St. Louis, MO 63188

County Office: 2709 Woodson Road 63114 314-863-0236

ROW provides a variety of supportive programs and services including a financial literacy program, a matched savings program (IDA), parenting classes, and GED. All of ROW's services are offered free of charge. ROW offers free childcare for those attending services at the downtown office. Call 314-588-8300 for more information or to sign up for services.

SLATE MISSOURI CAREER CENTER (SLATE MCC)

www.stlworks.com

Provides training and job placement services to the St. Louis City's adult workforce. **See below for career center locations and phone numbers.**

ST. LOUIS CITY - SLATE CAREER CENTER

1520 Market Street Room 3050 63103 314-589-8000

ST. LOUIS CITY - CENTRAL CAREER CENTER

4811 Delmar Blvd. 63108 314-877-0916

ST. LOUIS COUNTY - NORTH OAKS CAREER CENTER

26 North Oaks Plaza 63121 314-381-6700

ST. LOUIS COUNTY - FLORISSANT CAREER CENTER

4040 Seven Hill Dr., Suite 166 Florissant 63033 314-475-7900

ARNOLD CAREER CENTER

3675 West Outer Rd., Suite 102 Arnold 63010 636-287-8909

ST. CHARLES CAREER CENTER

212 Turner Blvd. St. Peters 63376 636-255-6060

WASHINGTON CAREER CENTER

1108 Washington Square Shopping Center, Washington 63090
636-239-6703

TEMPORARY AGENCIES

There are too many to list here, but temporary agencies can be a first step toward permanent employment. Do a computer search for "temp agencies" and you'll find many to choose from. Here are a few:

KELLY SERVICES

1 Metropolitan Sq., #2180 63102 www.kellyservices.com 314-421-4111

LABOR READY

1811 S Broadway 63104 www.laborready.com 314-776-0600

MANPOWER (They also work with women)

200 N Broadway #120 63102 www.manpower.com 314-241-1356

NEXTEMPS INDUSTRIAL STAFFING

7390 St. Charles Rock Rd. 63133 www.nextempsnow.com 314/727-1060

UNEMPLOYMENT INSURANCE

314-340-4950

Automated claim processing and information number.

URBAN LEAGUE

www.ulstl.com 314-615-3600

3701 Grandel Square 63108

Call or check website for nine more locations through the area.

Job Search Assistance, career counseling, job readiness training, job referrals, job development and placement, case management. Also utility assistance.

ST. LOUIS CITY DIVISION

935 N. Vandeventer 63108 314-615-3600 Ext. 642

ST. LOUIS COUNTY DIVISION

8960 Jennings Station Rd. 63136 314-388-9840

ST. CLAIR COUNTY DIVISION

10220 Lincoln Trail Fairview Heights, IL 62208 618-274-1150

VOCATIONAL REHABILITATION

220 S Jefferson St., Room 110 63103

314-877-2940

In addition to this downtown location, there are three other offices in the St. Louis area and many more throughout the state.

www.access-construction-metrostl.com

For jobs and apprenticeships in construction.

www.careeronestop.org

www.cap4kids.org

Many employment resources on this extensive website.

THE WORKFORCE SOLUTIONS GROUP (Accelerated Job Training)

St. Louis Community College's Corporate College.

3221 McKelvey Road Bridgeton 63044

http://www.stlcc.edu/Workforce-Solutions 314-539-5302

Develops industry-specific training in partnership with the college's campuses and local employers to help adults retrain for in-demand occupations in shorter duration formats. Program offerings are based on demand and the availability of funding or industry partner participation.

YOUTHBUILD ST. LOUIS

Operation Excel YouthBuild

93 North Oaks Plaza 63121 314-261-0202

www.youthbuild.org

YouthBuild St Louis Americorps is an alternative education, construction training, employment, and leadership development program serving low-income St Louis youth ages 18-24 who have not completed high school.

FOOD PROGRAMS & PANTRIES

You can apply for emergency or regular food stamps at the locations below or and any Division of Family Services office in the city or county of St. Louis. For information about the Food Stamp (SNAP) program and free application screening, visit: www.dss.mo.gov/fsd/fstamp.

EMERGENCY FOOD STAMPS/SNAP PROGRAM

www.dss.mo.gov/fsd/fstamp.

Info Line: 855-373-4636 Ext. 2

EBT Customer Service Line: 800-997-7777

3101 Chouteau 63103 314-256-7000

4411 N Newstead Ave., 3rd Floor 63115 314-877-2000

Income Maintenance: 314-877-2400

HUNGER HOTLINE

Operation Food Search 314-726-5355 EXT. 3
This organization provides an automated list of food pantries by zip code. You'll be directed to put in your zip code, and they'll give a list of all of the pantries in your area. Have a pen and paper ready. They'll give lots of information.

MEALS ON WHEELS

314-612-5918 www.mowaa.org/

Must be over 60 or disabled.

EMERGENCY FOOD

St. Louis offers a variety of places to go for emergency food. We've listed some of them by zip code. Times can change so, if possible, call first.

63101

SHAMROCK CLUB AT ST. PATRICK'S CENTER

800 N. Tucker 63101 314-802-0700

Lunch: Monday-Friday 12:00 pm-1:00 pm

63103

NEW LIFE EVANGELISTIC CENTER

1411 Locust 63103 314-421-3020

Lunch every day: 11:00 am-12:30 pm

Sandwiches at the door every evening: 5:00 pm-6:00 pm

THE BRIDGE OUTREACH/CENTENARY CHURCH

1610 Olive St. 63103 www.bridgestl.org 314-421-3136

Breakfast: Monday - Friday 8am - 8:30am

Lunch: Monday - Friday: 12 - 12:30; Saturday, breakfast and lunch

Dinner: Sunday - Thursday, 5pm - 5:30pm.

Sunday, lunch 1 - 1:30

CHRIST CHURCH CATHEDRAL**1210 Locust 63103****314-231-3454**

Breakfast every Saturday 7:30 am-8:30 am.

FATHER DEMPSEY'S HOME**3427 Washington 63103****314-535-7221**

Sandwiches, Monday-Friday 12:00 pm-12:45 pm. (See the housing section of this book for information about the transitional housing for men available at this location.)

63104 and 63118**CHAPEL FOR THE EXCEPTIONAL****3436 Winnebago (at Tennessee) 63118****314-776-7172**

Lunch/soup kitchen: Monday-Friday 12:00 pm-12:30 pm.

Food pantry: Monday and Thursday when available 12:30 pm-1 pm.

Call first if possible. Clothing every day. Furniture when available at no cost.

FOCUS GATEWAY CITY**1901 Ann Avenue 63104 314-776-4205**

Food Pantry and Clothing/housewares Closet and Computer Center are open the 2nd and 4th Wednesdays of the month from 9:30-11am.

GUARDIAN ANGEL/HOSEA HOUSE**2635 Gravois 63118****www.gasastl.org 314-773-9027**

Call to make an appointment for their shopping style food pantry. Weekdays 9:00 am-4:30 pm. 63104 and 63118 only.

JOINT NEIGHBORHOOD MINISTRIES**2911 McNair 63118****www.jnministry.org 314-771-3987**

Monday, Wednesday, Friday 9:30 am-12:00 pm. Call first

ISAIAH 58 MINISTRIES**2149 South Grand 63104 314-776-1410**

Provides help with clothing and is also a food pantry. Serves area between Chouteau and Chippewa, and between Jefferson and Kingshighway.

Pantry is open Tues, Wed, Thurs. 10 - 1.

**SEE PAGE 32 FOR MEAL PROVIDER LOCATIONS AND TIMES.
LISTINGS INCLUDE PLACES THAT PROVIDE FULL MEALS, AS
WELL AS SANDWICHES THROUGHOUT THE DAY.**

SOUP ALLEY/TRINITY LUTHERAN CHURCH**812 Soulard Ave. 63104 314-231-4092**

Noodles and other food distributed Monday-Friday 9:00 am-10:30 am and Saturday 10:00 am-11:00 am. In the Alley. Bags of groceries are available on Fridays 9:00 am-10:30 am.

SAINTS PETER AND PAUL CATHOLIC CHURCH**816 Allen 63104****www.ppcsinc.org 314-231-9923**

Lunch: 2nd-21st of each month on Saturday and Sunday, 12:00 pm-12:45 pm.
Dinner: 2nd -21st of each month. Monday-Friday 5:00 pm-5:45 pm.

ST. VINCENT DE PAUL CATHOLIC CHURCH**1408 S. 10th Street 63104****314-231-9328**

Lunch: Monday-Saturday 11:00 am-1:00 pm. Coffee and sandwiches: Sundays 10:15 am-11:15 am. Dinner the 22nd to the 1st of the month: 5:00 pm-6:00 pm.

63105**SAINT LOUIS BREAD COMPANY CARES COMMUNITY CAFE****10 S. Central 63105****314-725-9666**

Pay what you can afford for selected items on their menu. Volunteer opportunities available in exchange for meals.

63106**GATEWAY 180****1000 North 19th St. 63106****www.gateway180.org 314-231-1515**

Brown bag lunches seven days a week, 8am - 4pm.

KAREN HOUSE**1840 Hogan 63106****www.karenhousecw.org 314-621-4052**

Sandwiches seven days a week, 8 - 4..Hot Lunch: Monday through Friday 12:30 pm-3:30 pm.

PEOPLE'S CENTER**2012 Martin Luther King Dr. 63106****www.pcacstl.org 314- 269-5210 Main**

Call for food pantry hours, other services and more locations.

63108**TRINITY EPISCOPAL CHURCH****600 North Euclid Ave. 63108 314-361-4655**

Hot meal every Sunday 2:00 pm. Food pantry every Tuesday-Thursday 1:30 pm-3:00 pm. Need to register first so bring a social security card for each member of the family.

PILGRIM CONGREGATIONAL/UNITED CHURCH OF CHRIST

826 N. Union 63108

314-367-8173

Lunch: Wednesday 12:00 pm-1:00 pm. Food Pantry every first and third Wednesday 10:00 am-11:30 am.

63111

PEOPLE'S CENTER SOUTH CITY

6827 S. Broadway 63111

www.pcacstl.org 314-353-1457

Call for food pantry hours.

ST. TRINITY LUTHERAN CHURCH

517 Koeln 63111

314-353-3276

Food pantry Monday, Wednesday, Saturday 9:00 am-11:00 pm.

63112

PEOPLE'S CENTER COOK ELEMENTARY SCHOOL

5935 Horton Pl. 63112

www.pcacstl.org 314-862-6270

Call for food pantry hours.

ST. AUGUSTINE CATHOLIC CHURCH (FATHER BOB'S)

1371 Hamilton Ave. 63112

314-385-1934

Food pantry and clothing: Monday-Friday 9:30 am-11:00 am. Utility assistance starts 6:00 am. Dinner: last five working days of the month 4:00 pm-5:00 pm.

63113

WEST SIDE MISSIONARY BAPTIST CHURCH

4675 Page Boulevard 63113

314-535-9002

Dinner: Monday, Wednesday, Friday 5:30 pm-6:30 pm. Food pantry: Tuesday, Wednesday, Thursday 11:00 am-1:00 pm.

**Information about Parish Church Pantries is now
(only) available by calling United Way/ 2-1-1.**

63115

ST. LOUIS DREAM CENTER

4324 Margaretta Ave. 63115

www.stldreamcenter.org 314-381-0700

Food pantry: Monday, Tuesday, Wednesday, and Friday: 10 -12:00, and 1:00 pm-3:00 pm. (Closed Thursdays except for lunch)

Saturday: 11:00 am-1:00 pm.

Sunday: 10:30 am-11:00 am and 12:30 pm-1:00pm.

Lunch: Monday - Friday 12 - 1.

KOSSUTH CHURCH OF GOD IN CHRIST**3225 North Taylor Ave. 63115 314-652-4163**

Food Pantry Thursday 8:30 am-10:00 am.

ALL SAINTS EPISCOPAL CHURCH**5010 Terry 63115 314-367-2314**

Call the church for information on meals, food, and other aid.

63118**ST. ANTHONY of PADUA CHURCH****3140 Meramec St. 63118 314-352-1460**

Food and clothing Monday and Thursday 10:00 am-Noon, and Wednesday 4:30 pm-6:00 pm. Call for other activities, such as utility, legal, medical information and more.

63119**WEBSTER-ROCK HILL MINISTRIES****111 Waymire 63119 314-961-5082**

Monday-Friday 8:30 am-11:30 am.

63125**Feed My People****171 Kingston Dr. 63125 314-631-4900**

Monday-Friday 10:00 am-3:00 pm. Saturday 9:00 am-1:00 pm.

63135**PAKT Community Resource Center****500 Airport Road Ferguson, MO 63135****www.paktcenter.org 314-524-2710**

Rent and utility assistance, food pantry, after-school program & much more.

63136**URBAN LEAGUE ST. LOUIS COUNTY****8960 Jennings Station Rd. 63136****314-388-9840**

Tues – Thursday 9 -12:00pm and 2:00 - 4:00

63043**LOAVES AND FISHES****2750 McKelvey Maryland Heights 314-291-3857****www.loavesandfishes-stl.org**

Registration required. Call for times and requirements.

63049**Feed My People****3295 Ottomeyer Rd. 636-677-9885****High Ridge**

Tues, Wed, Fri:10am - 2:30pm;Thursday: 10am -1pm; Sat 9:30am - 12:30pm

63088**CIRCLE OF CONCERN****112 St. Louis Ave. Valley Park 636-861-2623**

Parkway, Rockwood & Valley Park School Districts.

HOUSING: SHELTERS FOR MEN

A HOUSING RESOURCE CENTER referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 or go directly to 800 N. Tucker 63101

NEW LIFE EVANGELISTIC CENTER (NLEC)

1411 Locust St. 63103

www.newlifeevangelisticcenter.org

314-421-3020

NLEC is one of the very few walk-in shelters in the area. You do NOT need a Housing Resource Center referral. Women & children also accepted.

PETER & PAUL COMMUNITY SERVICES

2612 Wyoming St. 63118

www.ppcsinc.org 314-588-7111

Assists homeless and near-homeless single men. 60-bed year-round emergency shelter, a 20-bed year-round transitional program, meals, showers, lockers, medical referrals, living skills classes, and case management. **The shelter is located 816 Allen, but you need a referral from the Housing Resource Center to get in.** Call 314-802-5444 or go to 800 N. Tucker early in the morning to see if they have beds available that night. **Garfield Commons** transitional housing project opened in November 2014. Apply through Housing Resource Center.

SALVATION ARMY ADULT REHAB CENTER

3949 Forest Park Ave. 63108

314-678-5500

Provides residential treatment and work in addition to group and individual therapy in a clean, wholesome environment.

SALVATION ARMY HARBOR LIGHT CLOSED IN 2013.

The building is now operating as a detox/rehab center See page 44 for more information. No longer residential.

SUNSHINE MINISTRIES

1520 N. 13th St. 63106

www.sunshineministries.org 314-231-8209

Admission to the shelter is on a first-come, first-served basis. A guest may keep his bed for as many nights as he needs it, as long as he abides by the shelter rules.

www.craigslist.com

Many current housing and job listings and more.

HOUSING: SHELTERS FOR WOMEN

A HOUSING RESOURCE CENTER referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 or go directly to 800 N. Tucker 63101

BRIDGEWAY BEHAVIORAL HEALTH

www.bridgewaybh.com

Bridgeway operates two emergency safe shelters and outreach centers in St. Charles and Lincoln Counties for women and children who are victims of domestic violence. Many other services.

St. Charles County

The Women's Center in St. Charles

24-Hour Toll-Free Crisis Line 877-946-6854

Lincoln County

The Terry L. Robertson Center in Troy

24-Hour Toll-Free Crisis Line 877-462-1758

GATEWAY 180: HOMELESSNESS REVERSED

1000 North 19th St. 63106

www.gateway180.org 314-231-1515

The shelter provides emergency shelter services designed to get families into transitional or permanent homes in under 30 days. The shelter has 110 beds and provides comprehensive support services targeted to meeting its clients' specific needs. The organization works with Grace Hill and Washington University to provide health services.

HAVEN OF GRACE

1225 Warren 63106

www.havenofgracestl.org 314-621-6507

Residential facility that assists homeless, pregnant women with shelter, goal-setting, education, employment, parenting, household management, and permanent residence.

KAREN HOUSE

1840 Hogan St. 63106

www.karenhousecw.org 314-621-4052

Karen House is a Catholic Worker house of hospitality for homeless women and children. Although they work with the Housing Resource Center, they do accept walk-ins, based on availability. Call ahead for space.

KATHY WEINMAN CENTER

314-423-1117

Temporary, emergency shelter, court advocacy, professional therapy for women and children, support groups. Follow-up supportive services available. St. Louis County operates this shelter.

LYDIA'S HOUSE

www.lydiashouse.org 314-771-4411

Community and faith-based domestic violence education, transitional housing, crisis intervention, court advocacy, support groups for women and children, case management.

MISSIONARIES OF CHARITY|

3629 Cottage Ave. 63113

314-533-2777 or 314-533-9070

Emergency shelter for women and small children. Call in the morning to see if they have opening that night. 21-day limit. HRC referral is NOT required.

NEW LIFE EVANGELISTIC CENTER

1411 Locust 63103

www.newlifeevangelisticcenter.org 314-421-3020

HRC referral NOT required. They will take women and children.

OUR LADY'S INN

www.ourladysinn.org

St. Louis: 4223 South Compton 63111 314-351-4590

St. Charles: 3607 Highway D, Defiance 63341 636-398-5375

Emergency maternity shelter for pregnant women 18 and older and their minor children.

PLACES FOR PEOPLE

4130 Lindell Blvd. 63108

www.placesforpeople.org 314-535-5600

Supportive emergency shelter and transitional housing for mentally ill adults, including homeless outreach programs.

QUEEN OF PEACE CATHEDRAL TOWER

325 N. Newstead 63108

www.qopcstl.org 314-531-0511

Offers a 21 day drug treatment program for women as well as other services. Works with St. Phillipine's to provide housing.

ROOM AT THE INN

3415 Bridgeland Dr. 63044

www.roomstl.org 314-209-9198

St. Louis County immediate, temporary, emergency shelter system for women and families, regardless of age or gender of the children. Churches provide locations. **A Housing Resource Center (HRC) referral is required.**

SALVATION ARMY FAMILY HAVEN

10740 West Page Ave. 63132

www.stlsalvationarmy.org 314-423-7770

Will take families, but no single men. 120-day emergency shelter and resources.

SHALOM HOUSE**1040 S Taylor 63110****www.shalomhousestl.org 314-534-1010**

The Shalom House 90-day, 25-bed provides emergency shelter for women suffering from persistent mental illness and/or chemical dependency. Shalom House also provides longer term transitional housing and various supportive services

ST. MARTHA'S HALL**www.saintmarthas.org 314-533-1313**

St. Martha's Hall is a confidential shelter for abused women and their children only. Services include individual and group counseling, legal advocacy, information, referral, and follow up. Clients must be female victims of domestic violence, 18 years old and up. The Hall does not admit males older than 13 years of age. Stays can be up to four months.

ST. PATRICK PARTNERSHIP CENTER**800 North Tucker 63101****www.stpatrickcenter.org 314-802-0700**

St. Patrick Center offers a limited number of beds for mentally ill women.

ST. PHILLIPINE EMERGENCY SHELTER**1015 Goodfellow 63112****314-454-1012**

They do not require a referral from HRC, but accept people who have gone through a program for drug rehab through Queen of Peace 60-day shelter, referrals to transitional housing.

WOMEN'S SAFE HOUSE**www.twsh.org 314-772-4535 (24-hour crisis hotline)**

A shelter for battered women and their children. Services include legal advocacy, housing referrals, support groups, children's programs, and limited transportation. Utilizes restorative justice practices.

ST. LOUIS COUNTY YOUTH CONNECTION HELPLINE:**877-928-2929****Childrens Advocacy Center - UMSL**

**314-516-6798 or visit the website: www.stlouiscac.org.
Counseling for children who have experienced abuse
and other forms of trauma.**

HOUSING: TRANSITIONAL

Most programs require a referral from the Housing Resource Center. Call 314-802-5444 to get the process started.

ALMOST HOME

3200 St. Vincent 63104

www.almosthomestl.org 314-771-4663

Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.

BEYOND HOUSING

4156 Manchester 63110

www.BeyondHousing.org 314-533-0600

Supportive rental housing leading to home ownership in many cases. Also, programs to prevent foreclosure.

CALL FOR HELP, INC

9400 Lebanon Rd.

East St. Louis, IL 62203

www.callforhelpinc.org 618-397-0968

Intensive two-year residential program helps homeless young women.

CENTER OF WOMEN IN TRANSITION

7529 South Broadway 63111

www.cwitstl.org 314/771-5207

The Center works with women who are re-entering the area after incarceration. CWIT is a comprehensive program to help women move from crisis to stability and self-sufficiency. Two transitional housing facilities in South St. Louis.

COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASLC)

2709 Woodson Rd. Overland 63114

www.caastlc.org 314-863-0015

CAASTLC has comprehensive housing assistance programs which include home ownership, housing counseling, and rent or mortgage assistance.

CRIMINAL JUSTICE MINISTRY

941 Park Ave. 63104

www.cjmstlouis.org 314-652-8062

Release to Rent for Veterans

Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.

Release to Rent

Up to a year of supportive housing for men completing long-term sentences who can work who can work full time and are without community support.

IMPORTANT: The best chance of being accepted to these programs is to contact them at least 6 months before your release date, but parole officers can also refer once you are in the St. Louis area.

DOORWAYS

4385 Maryland Ave. 63108

www.doorwayshousing.org 314.535.1919

Provides housing and related supportive services to improve quality of life and health outcomes for people affected by HIV/AIDS.

FATHER DEMPSEY'S HOME

3427 Washington 63103

www.archstl.org/fatherdempseyscharities 314-535-7221

Partially furnished apartments from \$260 per month for older men. Some meals are provided. Call for availability.

FOCUS GATEWAY CITY

1901 Ann Avenue 63104 314-776-4205

8 bedroom affordable transitional housing program for men.

HARRIS HOUSE

8327 S. Broadway 63111

www.harrishouse.org 314-631-4299

Harris House provides alcohol and drug rehab services to men and women age 18 and above, including a transitional housing program that provides subsidized housing for up to one year, with separate male and female residences.

HILLJACK HOUSE

www.hilljackhouse.org 314-255-3964

Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions. Call or view their website for more information.

HOMELESS VETERANS PROGRAMS

515 N Jefferson Ave. 63103

www.va.gov/homeless 314-652-4100 Ext. 55460

Provides intake, assessment, referral, counseling, consultation for rehabilitative services, and residential placement. Call for more information.

KAREN HOUSE

1840 Hogan St. 63106

www.karenhousecw.org 314/621-4052

Karen House is a Catholic Worker house for homeless women and children.

LIFE SKILLS RAINBOW VILLAGE

1240 Dautel Lane 63146 314-567-1522

www.rainbowvillagestl.org

Homes for people with developmental disabilities in various neighborhoods.

MARYGROVE

2705 Mullanphy Lane Florissant 63031

www.marygrovechildren.org 314-830-6201

Transitional housing and crisis care for children who are in need of emergency care due to homelessness, potential abuse/neglect, parental stress, etc.

MARIA DROSTE RESIDENCE, WOMEN IN NEED**7660 Natural Bridge 63121 www.mariadroste.com 314-383-1325**

Residential program, inpatient treatment. Rent by the week.

NEHEMIAH PROGRAM**www.nehemiahprogramstl.com 314-521-3666**

Transitional supportive housing for women. Rental homes, and home ownership. North County. Call for information and addresses.

OXFORD HOUSE**2715 Osage St. 63118****www.oxfordhouse.org 314-772-6771†**

National, self run, self supported, addiction recovery houses. Clients age 21 and older are eligible for subsidized rent and meals in separate buildings and programs for men and women. There are additional locations throughout the area. Call or check their websites under Houses/Directory to find Missouri locations.

PETER & PAUL COMMUNITY SERVICE**2612 Wyoming St. 63118****www.ppscinc.org 314-588-7111 or 314-621-5520**

Shelter and transitional housing for men. Two locations.

Housing Resource Center referral is required. (314-802-5444)**PLACES FOR PEOPLE****4130 Lindell Blvd. 63108****www.placesforpeople.org 314-535-5600**

In addition to assisting people in renting apartments from private landlords, PFP also owns and manages apartments for people with special needs. Also limited emergency housing, and daytime activities at "The Club."

QUEEN OF PEACE CATHEDRAL TOWER**325 N. Newstead 63108****www.qopcastl.org 314-531-0511**

Offers a 21 day drug treatment program for women as well as other services. Works with St. Phillipine's to provide transitional housing.

ROSATI APARTMENTS AND GROUP HOME**4220-24 North Grand 63107 314-371-0586 or 314-802-0700****www.stpatrickcenter.org**

Supportive services and housing for clients referred by the St. Louis Psychiatric Rehabilitation Center. Operated through St. Patrick Center.

SALVATION ARMY FAMILY HAVEN**10740 West Page Ave. 63132 314-423-7770**

A 74-bed transitional housing resource for women and children with various programs focused on family stability.

SHALOM HOUSE**1040 S Taylor 63110****www.shalomhousestl.org 314-534-1010**

24-month, semi-independent rehabilitation housing program for homeless women with a serious mental illness and/or chemical dependency.

STEPPING INTO THE LIGHT MINISTRY**1402 Hebert 63107 314-231-5175**

90-day residential treatment program for drug and alcohol abuse. First 30-days probationary/in-house. Can be walk-in or referral. Call first if possible.

ST. LOUIS COMMUNITY RE-ENTRY PROGRAM**1809 S.8th Street 63104****314-621-02228 - office 314- 951-4048 - cell**

Rooms for rent for men in transition. Substance abuse meetings, job training.

ST. LOUIS HOPE HOUSE**1611 Hodiament Ave. 63112****www.hopehousestl.com 314-382-3801**

50 transitional housing apartments for homeless families, comprehensive social services, family development, vocational and educational counseling, housing placement assistance, on-site living skills classes, and day care.

ST. LOUIS HOUSING AUTHORITY**www.slha.org St. Louis City Housing Authority****3520 Page Blvd. 63106 314-531-4770****Section 8 Waiting List: 314-286-4361****St. Louis County Housing Authority****8865 Natural Bridge Rd 63121 314 428-3200****www.haslc.com**

Administers low and moderate income public housing and Section 8 programs for St. Louis City and County.

SUNSHINE MISSION**1520 N. 13th St. 63106****www.sunshineministries.org 314-231-8209**

Call first or just show up. Offers a men's emergency shelter, men's long term rehabilitation program, food pantry, and youth programming.

WOMEN'S SAFE HOUSE**P.O. Box 63010 63163****www.twsh.org 24 Hour Crisis Hotline 314-772-4535**

Shelter for battered women and their children. Services include legal advocacy, community speaking and education, housing referrals, support groups, children's programs, and limited transportation.

YWCA-PHYLLIS WHEATLEY**2711 Locust 63103****314-533-9400 Ext. 227**

The facility provides apartments for single women for up to two years. Personal and career development services include: case management services, GED certification, educational and vocational assessment, counseling, job readiness training, job search and referrals, life skills.

www.ahl.mhdc.com

This website lists subsidized or affordable apartments by zip code:

www.hud.gov

This is the website for HUD, the Department of Housing and Urban Development

www.va.gov/homeless

IMMIGRANT SERVICES

AMERICAN RED CROSS - ST. LOUIS CHAPTER

10195 Corporate Square Dr. St. Louis 63132

www.redcrossstl.org 314-516-2843

International Services provides tracing and messaging.

CASA DE SALUD

3200 Chouteau Ave. 63103 www.casadesaludstl.org 314-762-1251

Comprehensive medical services and referral services, primarily for adults,

CATHOLIC LEGAL ASSISTANCE MINISTRY (CLAM)

100 N. Tucker Blvd., Suite 726 63101 314-977-3993 (No Walk-Ins)

CENTER FOR SURVIVORS OF TORTURE & WAR TRAUMA

1077 S. Newstead Ave. 63110

www.stlcenterforsurvivors.org 314-533-4114

Counseling and therapy, as well as an extensive youth program, asylum

documentation, etc. Call **PLACES FOR PEOPLE to start.** 314-535-5600

ENGLISH TO SPEAKERS OF OTHER LANGUAGES (ESOL)

NAHED CHAPMAN NEW AMERICAN ACADEMY (NCNAA)

Bi-lingual Program-St. Louis Public Schools

www.slps.org 1530 S. Grand Blvd. 63104 314-664-1066 or 776-3285

The ESOL/Bilingual/Migrant program provides services to English language learners (ELLs) and their families. Many locations and school sites.

IMMIGRANT AND REFUGEE WOMEN'S PROGRAM

3672B Arsenal St. 63116 www.irwp.net 314-771-1104

Teaches women basic English and practical living skills in their own homes.

INSTITUTE FOR FAMILY MEDICINE

(South County) www.ifm-stl.org 314-849-7669

INTERFAITH LEGAL SERVICES FOR IMMIGRANTS

4158 Lindell Blvd. 63108 www.ilsilegal.org 314-371-4640

A non-profit organization that provides affordable immigration legal services.

INTERNATIONAL INSTITUTE

3654 South Grand Blvd. 63118 www.iistl.org 314-773-9090

This organization offers MANY services for new arrivals to the St. Louis area.

LEGAL AID/ Legal Services of Eastern Missouri

4232 Forest Park Ave 63108 www.lsem.org 314-534-4200

1-800-444-0514

Immigration Law Project offers many resources and services, including detainees and trafficking survivors.

MISSOURI IMMIGRANT AND REFUGEE ADVOCATES (MIRA)

www.mira-mo.org 314-669-1288

Organizes and advocates for the basic rights of immigrants and refugees. A good source of information and legal resources.

LEGAL SERVICES

AMERICAN CIVIL LIBERTIES UNION (ACLU)

4557 Laclede Ave. 63108
www.aclu-em.org 314-652-3111

ARCH CITY DEFENDERS

Criminal Defense Attorneys

812 N. Collins Alley 63102
7751 Carondelet Suite 204 Clayton 63105
www.archcitydefenders.org 1-855-724-2489 Call is toll-free.

Free or low cost holistic legal representation to the St. Louis indigent population, from minor criminal offenses, to landlord-tenant law, to family law issues. They also will represent people facing misdemeanor and felony charges.

CATHOLIC LEGAL ASSISTANCE MINISTRY

100 N. Tucker Blvd. Suite 726 63101 314-977-3993

Mostly domestic issues, cases involving paternity, orders of protection, guardianship, and abuse. CLAM also offers services for immigrant populations who face challenges in filing governmental documents. No Walk-Ins.

CIRCUIT ATTORNEY'S OFFICE, Orders of protection, victims services.

St. Louis City: 314-622-4373
St. Louis County: 314-615-4872
St. Charles County: 636-949-7370

CRIME VICTIMS ADVOCACY CENTER

Aid to Victims of Crime

539 North Grand Blvd., Suite 400 63103
Hotline: 314-652-3623
Legal Assistance: 800-527-1460

FEDERAL BONDING PROGRAM

Department of Economic Development

421 East Dunklin St. P.O. Box 1087 Jefferson City 65102
573-526-8217

Provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

GATEWAY LEGAL SERVICES

200 N. Broadway 63102
www.gatewaylegal.org 314-534-0404

A self funded non-profit organization dedicated to helping the poor, disabled, and consumers. Works with SSI claims, among other things.

INTERFAITH LEGAL SERVICES FOR IMMIGRANTS

4158 Lindell Blvd. 63108

www.ilsilegal.org 314-371-4640

A non-profit organization that provides affordable immigration legal services to low-income immigrants and their families...

LEGAL AID (Legal Services of Eastern Missouri)

4232 Forest Park 63108

www.lsem.org 314-534-4200 1-800-444-0514

Legal services in the areas of housing, domestic issues, financial, health, immigration, elderly and many others, including some social services. Call or check website for more locations.

LEGAL ADVOCATES FOR ABUSED WOMEN

www.laawstl.org 314-664-6699

Free legal representation at Adult and Child Order of Protection hearings for victims of abuse in seven counties. Many other legal services.

LEGAL ASSISTANCE WEBSITES

www.courts.mo.gov

www.stlcin.missouri.org

Attorney General's Office: www.ago.mo.gov

Victims of Crime: www.okbemad.org

Legal Services of Missouri: www.lsmo.org

www.legalmatch.com In addition to matching your case with a lawyer, there is a law library and many articles and resources on this website.

JAIL DIVERSION PROGRAM

St. Louis City 314-621-5848, Ext. 1023

MISSOURI BAR LAWYER REFERRAL SERVICE

www.mobar.org 314-621-6681

PUBLIC DEFENDER, CITY

1114 Market St. 63101 314-340-7625

PUBLIC DEFENDER, COUNTY

100 S Central Ave. Clayton 63105 314-615-4778

ST. CHARLES VICTIM OF CRIME ASSISTANCE: 636-949-7370

ST. LOUIS COUNTY FAMILY COURT PROJECT

501 S. Brentwood Blvd. 63105 314-615-4502

FREE GOVERNMENT CELL PHONES

If you are receiving any form of government benefits or meet income guidelines, you may qualify. There is a list of Missouri providers on this website:
www.freegovernmentcellphones.net/states/missouri

**Below is a list of places that serve
MEALS AND SANDWICHES.
It's not complete and programs
change. See page 16 for pantries.**

63101
ST PATRICK CENTER, Shamrock
800 N. Tucker 314-802-0700
Lunch M-F Noon - 1pm

63103
THE BRIDGE/CENTENARY CARES
1610 Olive
Breakfast: Mon -Sat: 8am - 8:30am
Lunch: Mon - Fri: 12 - 12:30;
Sunday, lunch 1 - 1:30
Dinner: Sun - Thurs: 5pm - 5:30pm

CHRIST CHURCH CATHEDRAL
1210 Locust 314-231-3454
Breakfast every Sat. 7:30-8:30

FATHER DEMPSEY'S HOME
3427 Washington 314-535-7221
Sandwiches, M-F Noon - 12:45

NEW LIFE EVANGELISTIC CNTR.
1411 Locust 314-421-3020
Lunch every day 11 - 12:30
Sandwiches 5 - 6pm.
Fresh produce and breads to the
public 10-11:30 am daily.63104

63104
FOCUS GATEWAY CITY
1901 Ann Ave 314-776-4205
Dinner Sundays 4:30-5:30 between
2nd and 21st of the month.

PETER & PAUL SERVICES
1919 S--812 Allen (Soulard)
231-9923
Lunch M-F: 2nd - 21st of each
month and Sat & Sun 12 - 12:45.
Dinner 2nd - 21st, M-F 5 - 5:45

ST. VINCENT CHURCH
1408 South 10th St. (Soulard)
231-9328 Enter 9th Street side.
Lunch: M-Sat. 11 - 1;
Coffee, sandwiches: Sun. 10:15-11
Dinner: 22nd to the 1st of the
month, 5 - 6 pm.

SOUP ALLEY/TRINITY CHURCH
812 Soulard Ave. 231-4092
M-F 9 - 10-30; Sat 10 - 11

63105 (Clayton restaurant)
ST. LOUIS BREAD COMPANY
10 S. Central 725-9666
Pay what you can afford Monday
through Sunday 7am - 3pm

63106
GATEWAY 180
1000 N. 19th St. 231-1515
Brown bag lunches all day, M-F

KAREN HOUSE
1840 Hogan 621-4052
Sandwiches all day every day.

63108
PILGRIM CONGREGATIONAL
826 N. Union 367-8173
Lunch: Wednesday Noon - 1

TRINITY EPISCOPAL CHURCH
600 N. Euclid 361-4655
Hot meal every Sunday 2pm.

63112
UNION MEMORIAL UM CHURCH
1141 Belt 314-367-8314
Lunch: Monday - Friday 12-12:30
Breakfast: Sundays 9 - 10:30

63113
WEST SIDE MB CHURCH
4675 Page Blvd. 535-9002
Dinner: Mon, Wed, Fri: 5:30 - 6:30

63115
ST. LOUIS DREAM CENTER
4324 Margaretta Ave. 381-0700
Lunch: M-F Noon - 1

ST. JOHN'S CHURCH
3672 Arsenal 772-3970
Fellowship dinner every Sat. 4 - 6

63118
CHAPEL FOR THE EXCEPTIONAL
3436 Winnebago at Tennessee
314-776-7172
Lunch/soup kitchen: M-F 12 - 12:30

MEDICAL

AFFORDABLE CARE ACT (Obamacare)

www.HealthCare.gov and www.EnrollMissouri.org 800-318-2596

This is a 24-hour hotline that handles consumers' questions. The Missouri website www.EnrollMissouri.org is a portal for www.HealthCare.gov.

INFORMATION LINE: 1-855-373-9994

BEHAVIORAL HEALTH RESPONSE

www.bhrstl.org

24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760

CALL FOR HELP, INC

9400 Lebanon Rd. East St. Louis, IL 62203.

www.callforhelpinc.org 618-397-0968

Comprehensive intervention services for homelessness, sexual assault, poverty and other crises in the Metro East area.

CHIPS Health and Wellness Center

2431 N. Grand Blvd. 63106

314-652-9231 ext. 10 for appt.

www.chipsstlouis.org

Sliding scale or no fee for wide range of clinic services and programs.

Health management through preventive and primary health care services.

DENTAL OPTIONS. Many of the clinics listed here offer dental care.

GRACE HILL NEIGHBORHOOD HEALTH CENTERS, INC.

www.gracehill.org

For an appointment, call 314-814-8700. Main number: 314-898-1700

FAMILY RESOURCE CENTER

3309 South Kingshighway 63139

www.frcmo.org 314-534-9350

Prevention and treatment of all forms of child abuse and neglect.

INSTITUTE FOR FAMILY MEDICINE

5000 Cedar Plaza Parkway Suite 300 63128 (South County)

www.ifm-stl.org 314-849-7669

Many clinics throughout the metro area and located in various schools and shelters. Call or visit website for locations and appointments.

PLANNED PARENTHOOD

www.plannedparenthood.org 314-531-7526

4251 Forest Park Ave. 63108

Main location (Many others throughout the area.) To schedule an appointment or for more information, call **800-230-PLAN (7526)** Many health care services and testing.

PRESCRIPTION ASSISTANCE PROGRAM (PAP)

www.missouridrugcard.com Print your own card at this website.

SLU HEALTH RESOURCE CENTER, PRIMARY CARE CLINIC**www.medschool.slu.edu/hrc 314-389-0008****1408 N Kingshighway Blvd, Suite 213 63113**

Saturdays, 9:00 a.m to 12:00 p.m. Sign-ups start at 8am. Free clinics/SLU doctors. Other specialties, including asthma, psychiatric, & chiropractic during week. Call for information and appointment for these specialties.

SOUTHERN ILLINOIS HEALTHCARE FOUNDATION**www.sihf.org 618-332-0694**

A community-based, Federally Qualified Health Center (FQHC) network that serves populations throughout 9 counties in southern Illinois.

ST. LOUIS EFFORT FOR AIDS**1027 S. Vandeventer Ave. Suite 700 63110****www.stlefa.org****314-645-6451**

Free testing for AIDS, HIV, STDs. Primary care, medications, and more.

THE ST. LOUIS INTEGRATED HEALTH NETWORK**1520 Market Street, Suite 4034 63103-2625****www.stlouisihn.org**

A network of community health centers. Services include primary care, dental, eye care, vaccinations, prescriptions, and Urgent Care in some locations. A referral is not required. More locations outside St. Louis area.

BETTY JEAN KERR PEOPLE'S HEALTH CENTERS**www.phcenters.org**

Central: 5701 Delmar Blvd. St. Louis 63112 314-367-7848

North : 11642 W. Florissant Ave. Florissant 63033 314-838-8220

West: 7200 Manchester Ave. Maplewood 63143 314-781-9162

CRIDER HEALTH CENTER www.cridercenter.org

St. Charles: 546 First Capital Drive, Suite 1 63301 636-946-4000

Union: 1780 Old Highway 50 East 63084 636-582-8100

Warrenton: 19515 Brune Parkway, 63383 636-456-1500

Wentzville: 1032 Crosswinds Ct. 63385 636-332-6000

FAMILY CARE HEALTH CENTERS www.fchcstl.org

Carondelet: 401 Holly Hills Ave. St. Louis 63111 314-353-5190

Forest Park Southeast: 4352 Manchester Ave. 63110 314-531-5444

GRACE HILL HEALTH CENTERS: www.gracehill.org

Murphy O'Fallon: 1717 Biddle St. 63106 314-814-8700

Soulard Benton: 2220 Lemp Ave. St. 63104 314-814-8700

South 3930 S. Broadway St. Louis 63118 314-814-8700

Water Tower 4414 N Florissant Ave. 63107 314-814-8700

MYRTLE HILLIARD DAVIS COMPREHENSIVE www.mhdchc.org

Comprehensive: 5471 Dr. Martin Luther King Dr. St. 63112 314-367-5820

Florence Hill: 5541 Riverview Blvd. St. 63120 314-389-4566

Homer G. Phillips: 2425 N. Whittier St. 63113 314-371-3100

STRONG START FOR MOTHERS AND NEWBORNS**www.StrongStartforLife.com. 314-805-7081**

Seven Signature Medical Group OB/GYN offices participate in this comprehensive services program for pregnant women who are Medicaid-eligible.

MENTAL HEALTH

800-SUICIDE (800-784-2433) or 800-273-TALK (800-273-8255)

ADAPT OF MISSOURI

4030 Chouteau Avenue 63110

2301 Hampton Avenue 63139

www.adaptusa.com 888-657-3201

Provides individual therapy, community support and psychosocial rehabilitation for adults living with mental illness.

BEHAVIORAL HEALTH RESPONSE

www.bhrstl.org 24 hour Crisis Lines 314-469-6644 or 800-811-4760

BJC BEHAVIORAL HEALTH

Administrative Offices, Referrals and Call Center

1430 Olive Street, Suite 400 63103

www.bjcbehavioralhealth.org 314-729-4004 toll-free: 877-729-4004

After hours: 314-469-6644 or toll-free 800-811-4760

Mental health services and supportive services allowing adults and children with mental health problems to live independently in their homes and communities. Offices also in Kirkwood, Bridgeton, & Farmington.

CHADS COALITION (for Mental Health)

180 Crestwood Plaza 63126 314-952-2046

www.chadscoalition.org

A variety of suicide and bullying prevention programs, including SOS/Signs of Suicide. Works in schools and provides education and support groups.

COMPREHENSIVE BEHAVIORAL HEALTH CENTER

505 South 8th Street East St. Louis, IL 62201 618-482-7330 (Office)

Mental health and substance abuse treatment, rehabilitative and social support on a twenty-four hour basis. Works with Alton Mental Health Center.

COMMUNITY PSYCHOLOGICAL SERVICES (at UMSL)

232 Stadler Hall, One University Boulevard St. Louis, MO 63121

314-516-5824 www.umsl.edu/services/cps

Outpatient mental health center established by the University of Missouri-St. Louis to provide affordable psychological services in the St. Louis area.

COMTREA

www.comtrea.org 636-931-2700

Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and special programs for domestic violence, as well as 24 hour crisis services.

CRIDER HEALTH CENTERS

www.cridercenter.org 636-332-6000

St. Charles: 546 First Capital Dr., Suite 1 63301 636-946-4000

Union: 1780 Old Highway 50 East 63084 636-582-8100

Warrenton: 19515 Brune Parkway 63383 636-456-1500

Wentzville: 1032 Crosswinds Ct. 63385 636-332-6000

A variety of behavioral health programs and services throughout the area.

DEPARTMENT OF MENTAL HEALTH

www.dmh.mo.gov

The Department of Mental Health website includes numerous resources on crisis intervention, drug and alcohol abuse, developmental disabilities, and more.

FAMILY MENTAL HEALTH COLLABORATIVE

314-993-1000

A collaboration of non-profit mental health organizations. Services are offered on a sliding fee scale and include crisis intervention, counseling, assessments, medication, and more.

HAWTHORN CHILDREN'S PSYCHIATRIC HOSPITAL

1901 Pennsylvania Ave. 63133

www.dmh.mo.gov/hcph 314-512-7800 314-512-7593 (TTY)

A children's psychiatric hospital operated by the MO Dept. of Mental Health.

HOPEWELL MENTAL HEALTH SERVICES

1504 S Grand 63104

314-531-1770 Emergency: 314-531-7335

Provides mental health case management and psychiatric services. On site pharmacy for prescription medications. No walk-ins. Must make appointment

HYLAND BEHAVIORAL HEALTH CENTER

St. Anthony's Medical Center

10010 Kennerly Rd. 63128

www.stanthonysmedcenter.com 314-525-7275.

In-patient and out-patient psychiatric and chemical dependency services. Multidisciplinary team approach.

INDEPENDENCE CENTER

Clubhouse: 4245 Forest Park Ave. 63108 314-533-4245

Membership, Screening and Enrollment: 314-533-4163

Midwest Psychiatry and Community Care: 4219 Laclede Ave. 63108

www.independencecenter.org

Assists adults with serious, persistent mental illnesses to live and work in the community.

MEDICAL FAMILY THERAPY PROGRAM

Saint Louis University Center for Counseling and Family Therapy

Fitzgerald Hall, Suite 10 3500 Lindell Blvd. 63103 314-977-2505

Individual, couples, and family counseling,

MENTAL HEALTH FIRST AID

www.mentalhealthfirstaid.org 314-877-6458

A series of courses, both on-line and classroom, that helps the public identify and respond to signs of mental illnesses and substance use disorders.

METROPOLITAN PSYCHIATRIC CENTER

5351 Delmar Blvd. 63112 www.dmh.mo.gov/mpc 314-877-0501
Diagnostic and treatment psychiatric care services including forensic.

MISSOURI COALITION AGAINST DOMESTIC AND SEXUAL VIOLENCE (MCADSV) www.mocadsv.org/

Information and resources to support survivors in Missouri.

MISSOURI INSTITUTE OF MENTAL HEALTH (State Hospital)

5400 Arsenal St. 63139 www.mimh.edu 314-877-6401

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

www.nami.org

CIT: Crisis intervention team programs, many resources and more.

NAMI-ST. LOUIS BRANCH

www.namistl.org 314-962-4670

Community support, education, advocacy, understanding, and quality of life improvement for persons with severe and persistent mental illnesses and their families. Mental Health First Aid classes and other opportunities.

PROVIDENT COUNSELLING

www.providentstl.org 314-533-8200 for appointments

Provident provides counseling services at five locations throughout greater St. Louis area including Fairview Heights, Illinois. Works with ex-offenders.

RAVEN: Non-Violence Education for Men

1914 Olive St. 63103

www.RavenSTI.org 314.289.8000

Domestic violence intervention and prevention services.

SELF HELP CENTER

8301 Crest Industrial Dr. Affton 63123

314-781-0199

A drop-in center for adults with mental illness. Includes job readiness.

SLIDING SCALE COUNSELING CENTERS

Provident Counseling: 314-533-8200

Catholic Family Services: 314-544-3800

Lutheran Family Services: 314-787-5100

ST. LOUIS EMPOWERMENT CENTER

Depression Bipolar Support Alliance (DBSA)

1908 Olive St. 63103

www.dbsaempowerment.org 314-652-6100

Friendship Line: 866-525-1442

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00 am-3:00pm. Lunch daily. Many support groups, programs and employment classes.

www.missouridrugcard.com Prescription assistance.

RE-ENTRY

CALL FOR HELP, INC.

9400 Lebanon Rd. East St. Louis, IL 62203

www.callforhelpinc.org 618-397-0968

Multi-service agency responding to crisis situations in the metro East area.

COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASTL)

2709 Woodson Rd. 63114

www.caastlc.org 314-863-0015

Assists residents of St. Louis County meet the terms of their probation and parole, including GED, money management, drug & alcohol, counseling, family development, job readiness and placement.

CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS

www.connectionstosuccess.org

2125 Bissell (no street sign) 63107 314-584-6887

(In the Grace Hill building near Grand and Florissant)

3000 Little Hills Expressway St. Charles 63301 636-940-8027

1701 N 2nd St. St Charles 63301 636-940-8027

Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated as well as other job seekers. Grace Hill address is for women only. Call to make an appointment.

CONSTRUCTION TRAINING SCHOOL OF ST. LOUIS

6301 Knox Industrial Dr. 63139

www.stl-cts.org 314-644-1525

An apprenticeship program for various trades, such as carpenters, cement masons, floor layers, laborers, tech prep, and more.

CRIMINAL JUSTICE MINISTRY

941 Park Ave. 63104

www.cjmstlouis.org 314-652-8062

Works with prison inmates and their families to provide various services. Ask your parole officer to send a referral to CJM Direct Services Criminal Justice Ministry for short-term assistance, including Welcome Backpacks with personal items, bus passes, etc.

Release to Rent for Veterans

Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.

Release to Rent

Up to a year of supportive housing for men completing long-term sentences who can work full time and are without community support.

IMPORTANT: The best chance of being accepted to the rental programs is to contact CJM at least 6 months before your release date, but parole officers can also refer.

EDUCATIONAL OPPORTUNITY CENTERS

4495 Forest Park Ave. 63108

314-535-6670

The Educational Opportunity Centers (EOC) are part of the federally-funded TRIO program and provides free educational counseling to assist individuals in furthering their education beyond high school. Call for an appointment.

Educational Opportunity Center

1408 N Kingshighway Blvd., # 107 314-367-8100

4644 Gravois Ave. 314-352-4113

13 N Oaks Plaza 314-385-4005

East St. Louis, Illinois EOC

601 James R Thompson Blvd. Building B, Suite 2079 East St. Louis, IL. 62201
618-482-6931

EMPLOYMENT CONNECTION

2838 Market St. 63103

www.employmentstl.org 314-333-JOBS (5627)

Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. World of Work (WOW) training is Monday-Thursday, 9:00 am-3:30 pm. Services provided include: GED classes, on-site job fairs, placement services, homeless veterans program, disabled veterans program. Bring ID.

FATHERS SUPPORT CENTER

Prince Hall Family Support Center

4411 N. Newstead 63115

www.fatherssupportcenter.org 314-333-4170

The Fathers' Support Center Legal Clinic offers legal advocacy and legal services in the areas of child support payment modifications, legal visitation, etc. Also, employment services. **FSC has received grant funding for training and job placement for ex-offenders. Call for details.**

FEDERAL BONDING PROGRAM (Dept. of Economic Development

421 East Dunklin St. P.O. Box 1087 Jefferson City 65102

573-526-8217

Provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

HUMANITRI

1120 South Sixth St., Suite 120 63104

www.humanitri.org 314-772-7720

Many housing options for those who are with income but need subsidies or assistance. Humanitri provides full-time chaplains and provides support for prisoner families, and helps inmates improve family relationships. Prisoner Family Bus Transportation. Next Steps-Ex Offender Re-entry Program.

ISAIAH 58 MINISTRIES

2149 South Grand 63104 314-776-1410

Computers, clothing, and other services available between 10:00 am-1:00 pm.

KAIROS OUTSIDE**P.O. Box 191214 63119****www.koeastmo.org 636-577-4733**

Support for the families of persons who are or have been incarcerated in the country's correctional facilities, and county jails and youth offender programs.

LEGAL AID/Legal Services of Eastern Missouri**4232 Forest Park Blvd. 63108****314-534-4200 Legal Aid: 800-444-0514**

Free legal services for those who cannot afford an attorney for civil matters, services for those who qualify under income guidelines, preventive legal education programs. Clients seen by appointment Monday-Friday 9:00 am-5:00 pm.

LET'S START**1408 S. 10th St. 63104****www.letsstart.org 314-241-2324**

A comprehensive program for children of incarcerated parents, as well as formerly incarcerated women. Services include transportation to women's prisons for children and weekly support groups.

MISSOURI CURE**PO Box 116 Ballwin 63022****www.missouricure.org www.curenational.org 877-525-CURE (2873)**

Organizes and unites offenders, their families, and others for education and advocacy in criminal justice issues. CURE is an international movement that seeks to reduce crime through reform of the criminal justice system.

MISSION GATE PRISON MINISTRY**P.O. Box 6644 Chesterfield 63006****www.missiongateministry.org 636-391-8560**

Christian-based Aftercare Program that is available to ex-inmates. There are men's, family and women's residences available in various parts of town.

MISSOURI DEPT. OF CORRECTIONS**www.doc.mo.gov.**

Information about re-entry programs and information that is useful for friends and family of incarcerated persons.

NORTH COUNTY COMMUNITY DEVELOPMENT CORP.**2483 Alexandria Place Pkwy 63136****www.northcountycdc.org 314-867-9160**

Shelter and transitional housing programs to prevent homelessness, including a prison re-entry program.

BOONE COUNTY OFFENDER TRANSITION NETWORK**www.bcotn.org**

This organization provides a comprehensive directory of services for ex-offenders and others in Central Missouri. Their resource directory may be printed out in pdf format.

PARENT LINK**www.parentlink.missouri.edu 800-552-8522 Espanol 888-460-0008**

Resources about parenting issues. Support for incarcerated parents.

PROJECT COPE

3529 Marcus 63115

www.projcope.org 314-389-4804

This organization starts working with inmates before they are released. Start by writing a letter to the above address to arrange for an interview and possible entry into this successful support program. Project Cope is sponsored by several St. Louis area churches.

PROJECT RE-CONNECT

314-771-5207

Supports men and women who have maxed out of a Missouri prison sentence in the last 12 months. A collaboration of several agencies. Housing and other resources provided. Start the process with a call to 314-771-5207.

SLACO

5888 Plymouth Ave. 63112

www.slaco-mo.org 314-361-9406

SLACO is offering free Beginner and Advanced Computer Evening classes for Adults. Call for schedule. Basic Computer Skills, Microsoft Office, more.

ST. LOUIS ALLIANCE FOR RE-ENTRY (STAR)

www.stlreentry.org

A coalition working to make the re-entry process more successful.

ST LOUIS COMMUNITY REENTRY PROGRAM FOR EX-OFFENDERS

1809 S.8th STREET 63104

314-621-0228 or 314- 951-4048

Substance abuse meetings, transitional housing, job training.

ST. LOUIS DEPARTMENT OF PUBLIC HEALTH

1520 Market, Room 4050 63103

www.stlouis-mo.gov 314-612-5100. Aids Testing and Info: 888-291-AIDS(2437)

US APPRENTICESHIP PROGRAMS

www.doleta.gov/jobseekers

This is a very comprehensive website. Apprenticeships are available to ex-offenders. Follow the links to information about skills assessment, training programs, finding a job, and sources of grant money.

US DEPARTMENT OF JUSTICE RE-ENTRY PROGRAMS

www.ojp.usdoj.gov

www.nationalreentryresourcecenter.org

www.us.jobs.

THE WORKFORCE SOLUTIONS GROUP (Accelerated Job Training)

St. Louis Community College's Corporate College.

3221 McKelvey Road Bridgeton 63044

www.stlcc.edu/Workforce-Solutions 314-539-5302

Develops industry-specific training in partnership with the college's campuses and local employers to help adults retrain for in-demand occupations.

STREETWISE

DREAM CENTER

4324 Margaretta 63115 314-381-0700.

Food pantry: Mon, Tues, Wed, Fri: 10:00 am-12:00 pm. Saturday: 11-1. Clothing room open to the public Monday, Tuesday, Wednesday, and Friday 1:00 pm-3:00 pm. Closed Thursdays. Also laundries, haircuts and showers.

EMERGENCY FOOD STAMPS/SNAP PROGRAM

Info Line: 855-373-4636 Ext. 2

EBT Customer Service Line: 800-997-7777

3101 Chouteau 63103 314-256-7000

4411 N Newstead Ave., 3rd Floor 63115 314-877-2000

Income Maintenance: 314-877-2400

Post office boxes available where mail can be received.

HORIZON CLUB (Open 24 Hours a Day)

202 N. 23rd St. 63103

314-436-1733

This 24-hour safe haven offers showers, coffee, access to agencies, computers/internet access, microwave, laundry, lockers. Chairs but no beds. **Visitor/guests** welcome up to six hours per day and must leave by midnight. **Members** can stay longer but must meet certain disability requirements.

INTERSTATE BLOOD BANK

5121 Delmar Blvd. 63108

www.interstatebloodbank.com 314-367-5200

They will pay for donations. Call or check the website for requirements.

MERS/MISSOURI GOODWILL INDUSTRIES

1727 Locust St. 63103

www.mersgoodwill.org 314-241-3464

Job opportunities and counseling. Many locations.

NATIONAL RUNAWAY CRISIS HOTLINE, 24-HOUR

www.nrscrisisline.org 800-RUNAWAY

OUTREACH PROGRAM AT THE COLLEGE CHURCH PARISH CENTER

(Lower Level) 314-977-7308

3628 Lindell Blvd. just west of Grand 63108

State ID and birth certificates. Sign in between 8:45 am and 9:30 am on Tuesdays or Wednesdays. Legal clinics 3rd Wednesday of the month starting at 9:15 am. Birth certificates may also be obtained at City Hall, 1200 Market. Room 126 for \$15.

CHRIST CHURCH CATHEDRAL

12th and Locust 314-231-3454

The church is open as shelter from inclement weather. Monday-Thursday 9 -4, Friday 9 - 12. but restrooms are no longer available.

Breakfast every Sat. 7:30-8:30

www.dmv.org/mo-missouri/id-cards.php

This website will give information about getting a state ID from the

SUBSTANCE ABUSE TREATMENT

Alcoholics Anonymous (AA) www.aa.org 314-647-3677

Cocaine Anonymous (CA) www.camissouri.org 314-361-3500

Narcotics Anonymous (NA) www.na.org 314-830-3232

ASSESSMENT AND COUNSELING SOLUTIONS

4400 S. Lindbergh Blvd. 63127

www.aandcsolutions.com 314-849-2800

Assessment and Counseling Solutions provides the following services: Drug & Alcohol Addiction. Mix of Mental Wellness and substance abuse services
Self payment, Privately provided health insurance. Sliding fee scale (fee is based on income and other factors.)

ASSISTED RECOVERY CENTER OF AMERICA (ARCA)

6651 Chippewa St. Louis 63109

www.arcamidwest.com 314-645-6840

Detox. In-patient, out-patient and transitional living treatment programs.

BLACK ALCDRUG SERVICE INFORMATION CENTER (BASIC)

www.basicinc.org 314-621-9009

2600 Washington Ave. 63103

3029 Locust St. 63103

Drug and Alcohol Addiction. Substance abuse treatment services.

BRIDGEWAY BEHAVIORAL HEALTH (Several Locations)

www.bridgewaybh.com 866-758-1152

St. Louis City Center 1027 S. Vandeventer 63110 636-224-1700

St. Charles Cntr. 1570 S. Main St. St. Charles, MO 63303 636-224-1100

Medically-Assisted Detoxification. Comprehensive services in the areas of addiction, sexual assault, domestic violence, recovery, mental health, adolescent outpatient. 12 locations throughout St. Louis City and St. Louis, St. Charles, Warren, Lincoln, Montgomery and Franklin Counties. Their comprehensive website gives phone numbers, maps, locations information about services. Includes residential in some locations.

CENTER FOR LIFE SOLUTIONS, INC.

637 Dunn Rd., Suite 180 63042

www.centerforlifesolutions.org 314-731-0100

Crisis Intervention Hotline: 314-302-6728

CSTAR, Medication-Assisted and Methadone Treatment Programs. Medical evaluations and referral services targeted to the opiate user. Individual, family and group therapy. Medicaid and private pay patients.

CENTERPOINTE HOSPITAL

5931 Highway 94 S. St. Charles 63303

www.centerpointehospital.com

636-441-7300

Dual diagnostic treatment. Adolescent outpatient, behavioral health services including residential treatment programs. Eight metro area locations.

CENTREC CARE, INC.**1030 Woodcrest Terrace Dr. 63141****www.centrecare.com 314-205-8068**

Drug & Alcohol Addiction, Detox, Buprenorphine Treatment. Special Programs. Teenagers, persons with co-occurring mental and substance abuse disorders. Self payment. Privately provided health insurance, military insurance.

COMMUNITY SERVICES OF MO**4456 S. Lindbergh Blvd. 63127**

www.Dwiprograms.com 314-849-6855 or 1-800 Drug and Alcohol Addiction, Halfway house. Special Programs, DUI/DWI, Rehabilitation. Self payment. Sliding fee scale (fee is based on income and other factors.)

COMPREHENSIVE BEHAVIORAL HEALTH CENTER**505 South 8th St. East St. Louis, IL 62201****618-482-7330 (Office)**

Mental health and substance abuse treatment, rehabilitative and social support on a twenty-four hour basis. Works with Alton Mental Health Center.

COMTREA**www.comtrea.org 636-931-2700**

Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and special programs for domestic violence, as well as 24 hour crisis services.

DRUG AND ALCOHOL REHAB HEADQUARTERS**www.drug-rehab-headquarters.com****1-866-720-3784**

Extensive listings of treatment resources and information.

DRUG REHAB ST. LOUIS**4579 Laclede Ave #438 63108****www.stlouis.alcoholdrugrehabmo.com 314287-3003**

Alcohol rehab, detox, interventions, addiction treatment, more

GATEWAY FOUNDATION DRUG & ALCOHOL TREATMENT CENTERS**www.recovergateway.org 1-877-505-4673**

Outpatient and residential treatment programs in three Southern Illinois locations: Caseyville, Carbondale, and Swansea. .

Call 800-971-4673 to learn more about treatment options in southern Illinois and the St. Louis Metro East area.

GIBSON RECOVERY CENTER**1112 Linden Cape Girardeau 63703****www.gibsonrecoverycenter.org 573-332-0416**

In and outpatient drug and alcohol treatment for many southeast Missouri communities.

HARRIS HOUSE**8327 S. Broadway 63111****www.harrishouse.org 314-631-4299**

Drug & Alcohol Addiction. Halfway house, Women, Men. Self payment.

HILLJACK HOUSE

www.hilljackhouse.org 314-255-3964

Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions. Call or view their website for more information.

HOPEWELL CENTER

1504 S. Grand 63104

314-531-1770

Operates psychosocial rehabilitation and a comprehensive psychiatric rehabilitation centers for adults and youth.

METROPOLITAN PSYCHIATRIC CENTER OF ST. LOUIS

5351 Delmar Blvd. 63112

www.dmh.missouri.gov/mpc 314-877-0500

Detox. Persons with co-occurring mental and substance abuse disorders, State or Government financed insurance. Forensic programs.

NEW BEGINNINGS CSTAR INC

1408 N. Kingshighway. 63113

www.newbeginningscstar.com

314-367-8989

Drug & alcohol addiction services. Teenagers, women, DUI/DWI rehabilitation, criminal justice clients.

OXFORD HOUSE

2715 Osage St. 63118

www.oxfordhouse.org 314-772-6771†

National, Self Run, Self Supported, Addiction Recovery Houses. Clients age 21 and older are eligible for subsidized rent and meals in separate buildings and programs for men and women. There are additional locations throughout the area. Call or check their websites under Houses/Directory to find Missouri locations.

PLACES FOR PEOPLE

Community Reinforcement Approach (CRA)

4130 Lindell 63108

www.placesforpeople.org 314-535-5600

Comprehensive substance-abuse treatment program to assist in the recovery process. Walk-ins welcome at Welcome Center Monday-Friday 9:00 am-12:00 pm.

PREFERRED FAMILY HEALTHCARE, INC.

(Several locations throughout the state. Check website for addresses)

3800 S. Broadway 63118

www.pfh.org 314-772-2205

A comprehensive behavioral health non-profit organization offering substance abuse treatment, prevention, and mental health services throughout Missouri and Kansas including eight locations in St. Louis and the Metro area. Sliding fee scale (fee is based on income and other factors), Payment assistance.

PROVIDENT, INC.**6555 Chippewa 63109 and 2650 Olive St. 63103****www.providentstl.org 314-898-0101**

Mix of mental wellness and substance abuse services. Medicaid, Medicare, State or Government financed insurance (other than Medicaid.)

QUEEN OF PEACE CENTER**325 N. Newstead St. 63108****www.qopcstl.org 314-531-0511 Ext. 1**

Drug & alcohol addiction services, halfway house. Persons with co-occurring mental and substance abuse disorders, pregnant/postpartum women. Associated with St. Phillipine's Center for housing.

REHABS.COM**1-888-929-7819**

A state-by-state listing of rehab centers around the country.

SALVATION ARMY ADULT REHAB CENTER (ARC)**3949 Forest Park Blvd. 63108****www.satruck.org 314-535-0057**

Men's non-clinical residence rehab for chemical dependency. residential housing, work, and group and individual therapy.

SALVATION ARMY HARBOR LIGHT CENTER**3010 Washington St. Louis 63103****314-652-3310**

Drug and alcohol addiction, detox and rehab programs up to 21 days.No residential. Now accepting women on out-patient basis.CSTAR, veterans.

SAMHSA: SUBSTANCE ABUSE AND BEHAVIORAL HEALTH SERVICES LOCATOR**www.samhsa.gov www.suicidepreventionlifeline.org****Suicide Prevention Lifeline 800-273-TALK (8255)**

A comprehensive website that provides a treatment locator and many other resources and services.

SOUTHEAST MISSOURI BEHAVIORAL HEALTH

Many locations listed on their website. Professionals dedicated to individualized drug and alcohol treatment. Admissions accepted 24/7, including holidays.

www.semoctc.org 800-455-5749**STEPPING INTO THE LIGHT MINISTRY****1402 Hebert 63107****314-231-5175 or 314-213-4697**

90-day residential treatment program for drug and alcohol abuse. First 30-days probationary/in-house. Can be walk-in or referral. Call first if possible.

ST. LOUIS EMPOWERMENT CENTER

Depression Bipolar Support Alliance (DBSA)

1908 Olive Street 63103

www.dbsaempowerment.org 314-652-6100 Friendship Line: 866-525-1442

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00 am-3:00pm. Lunch daily. Many support groups, programs and employment classes.

ST. LOUIS METRO TREATMENT CENTER

9733 St. Charles Rock Rd. Breckinridge Hills 63114

www.methadonetreatment.com 314-423-7030

Outpatient clinic specifically designed for persons addicted to the opioid class of drugs, including prescription pain medications and heroin.

ST. LOUIS VALLEY HOPE

12777 Olive Blvd. 63141 314-514-9220 or 800-544-5101

Boonville: 1415 Ashley Road Boonville 65233 660-882-6547

www.valleyhope.org

Drug and alcohol addiction services. Individualized treatment and variable lengths of stay Residential and out-patient. Self payment. Privately provided health insurance. Sliding scale.

ST. LOUIS VETERANS AFFAIRS MEDICAL CENTER

915 N. Grand St. 63106

www.va.gov 314-652-4100 Ext. 5

Jefferson Barracks Division

#1 Jefferson Barracks Dr. St. Louis 63125

314-894-6693

Drug and alcohol addiction, detox, methadone services, methadone, detox. halfway house, Buprenorphine Treatment. Mental health services.

ST. PATRICK CENTER

800 N. Tucker Blvd. 63101

www.stpatrickcenter.org 314-802-0693

Drug & Alcohol Addiction services and Shamrock Club.

TEEN CHALLENGE OF ST. LOUIS

2650 Appletree Acres Ln. High Ridge 63049

www.teenchallengestl.com 636-677-1776

Drug Addiction Treatment. Part of the network of over 180 Teen Challenge centers across the U.S.

WEST END CLINIC, INC.

5736 W. Florissant Blvd. 63120

314-381-0560

Drug and alcohol addiction, methadone services. Sliding fee scale (fee is based on income and other factors). Payment assistance.

for VETERANS

HOPE RECOVERY CENTER

515 North Jefferson Ave. 63103

314-652-4100 Ext. 55460

A transitional, outpatient center that includes several mental health and work programs in one new place.

EMPLOYMENT CONNECTION

2838 Market Street 63103

www.employmentstl.org 314-333-JOBS (5627)

Homeless Veterans Reintegration Program Job placement services and housing. Supportive Services for Veterans' Families. Rental assistance, deposits, utilities, etc. Supportive Housing (Project Homecoming). The veterans' coordinator can give you more information.

MY NEXT MOVE FOR VETERANS

www.mynextmove.org

PERSONAL CARE HOME HEALTH SERVICES

Veterans Benefit Program

1221 Locust St. Suite 550 63103

314-664-1100

In-home assistance for veterans and families with medical conditions. Call for more information.

PROJECT HERO

314-802-0700 or 314-802-8423

St. Patrick Center operates Project HERO (Housing, Employment, Recovery, Opportunities). Call for information about downtown apartments

RELEASE TO RENT FOR VETERANS

Criminal Justice Ministry

941 Park Ave. 63104

www.cjstlouis.org 314-652-8062

Limited openings in scattered supportive housing for veterans who are homeless and have a criminal record.

REGIONAL ALLIANCE FOR THE TROOPS

www.rafft.org 314-432-8200 Ext. 4167

A website devoted to providing military members, their families and veterans with resources all in one location.

ST. LOUIS COUNTY VETERANS PROGRAM

9666 Olive Blvd. Suite 510 63132

www.stlouisco.com 314-615-4516 TTY: 800-735-2966

Various services including case management, referral for benefits, legal, medical, employment, housing and transportation assistance.

North County: 21 Village Square, Hazelwood, 63042 314-625-4000

South County: 4548 Lemay Ferry Road, 63129 314-615-4000

Community Outreach: 314-615-7433

SUICIDE PREVENTION HOTLINE

800--273-TALK (8255) Press 1 for veterans

THE MISSION CONTINUES

1141 South 7th Street 63104

www.missioncontinues.org 314-588-8805

Various programs, projects, job openings and fellowships for returning veterans.

VA MEDICAL CENTER

www.stlouis.va.gov

800-228-5459 314-652-4100 Ext. 53772

314-289-6418 (Methadone Clinic)

314-894-6693

John Cochran Division: 915 North Grand Blvd. 63106

Jefferson Barracks Division: #1 Jefferson Barracks Dr. 63125

VETERANS BENEFITS and other VA information: 800-827-1000

http://www.stlouis.va.gov/

This website provides addresses, phone numbers, programs, job openings specifically for veterans.

VETERAN'S CRISIS LINE

www.veteranscrisisline.net 800-273-8255 TTY: 800-799-4889

Connects veterans in crisis (and their families and friends) with qualified, caring Department of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.

VET BIZ

315 Lemay Ferry Rd. 63125

www.vetbiz.com 314-531-VETS (8387)

Assistance is starting or expanding a business includes developing a business plan and sources of funding. Their website has links to many other useful resources.

www.CommunityofVeterans.org

A veterans-only online community.

www.NationalResourceDirectory.org

A comprehensive website for veterans that includes education, health care, employment, legal support and much more.

www.st.louis.va.gov

www.veteransworld.com

www.va.gov

**A website with information from the Department of
Veterans Affairs about housing and homelessness:
www.va.gov/HOMELESS or call 314-289-5500.
HELP FOR HOMELESS VETERANS: 877-424-3838**

YOUTH SERVICES

ANNIE MALONE Children and Family Service Center

2612 Annie Malone Drive 63113 314-531-0120

Crisis center, day care, services for teenagers through community programs.

BJC BEHAVIORAL HEALTH

1430 Olive Street, Suite 400 63103

www.bjcbehavioralhealth.org 314-729-4004 toll-free: 877-729-4004

After hours: 314-469-6644 or toll-free 800-811-4760

More locations and more Behavioral Health services.

CAP4KIDS (Children's Advocacy Project)

www.cap4kids.org

Many services listed, including employment, training health care and housing.

CHADS COALITION (for Mental Health)

180 Crestwood Plaza 63126 314-952-2046

www.chadscoalition.org

A variety of suicide and bullying prevention programs, including SOS/Signs of Suicide. Works in schools and provides education and support groups.

COVENANT HOUSE

2727 North Kingshighway 63113

www.covenanthousemo.org 314-533-2241 Toll free: 800-999-9999

Access to shelter, food, clothing, blankets, showers, laundry facilities, information, referrals, and crisis intervention.

EPWORTH'S YOUTH DROP-IN CENTER

7520 Natural Bridge Road Normandy, MO 63121

www.epworth.org 314-222-4877

24-hour crisis Hotline: 314-727-6294 or 800-899-KIDS(5437)

Open Monday–Friday, 1:00 pm–5:00 pm. Staff will distribute hygiene kits, safe sex kits and food as needed, as well as life skills and recreational activities.

KIDS UNDER TWENTY ONE (KUTO)

KUTO Crisis Helpline: 314-644-5886 Toll Free: 888-644-5886

provides crisis prevention and suicide intervention.

ST. LOUIS COUNTY YOUTH CONNECTION HELPLINE

314-628-2929 or 877-928-2929

THE SPOT (FOR AGES 13-24)

4169 Laclede 63108 www.thespot.wustl.edu 314-535-0413

A drop-in center open Mon-Fri afternoons. Computers, laundry, showers, etc.

TREVOR PROJECT

(LGBTQ) ages 13-24. 1-866-488-7386 www.trevorproject.org

YOUTH IN NEED

www.youthinneed.org 636-946-5600 Crisis Hotline: 636-946-3771

Based in St. Charles, with outreach programs in St. Louis City.

MISCELLANEOUS

BIG BROTHERS BIG SISTERS

www.bbbsemo.org

Headquarters: 501 N. Grand Blvd., Suite 100 63103 314-361-5900

St. Charles: 1236 Jungermann Rd., Suite G St. Peters 63376 636-939-2227

Enroll a child or volunteer.

CATHOLIC CHARITIES: COMMUNITY SERVICES MIDTOWN

1202 South Boyle 63110

www.midtowncc.org 314-534-1180

Several locations throughout area providing numerous services.

CLUB CATHEDRAL

Tucker and Locust 63103

314-231-3454

Coffee from 8:00 am-11:00 am Saturdays. Restrooms available every day.

COMMUNICABLE DISEASE HIV/AIDS/STD/HEPATITIS

1520 Market, Rm 4027 314-657-1419

CRISIS NURSERY

www.crisisnurserykids.org 314-768-3201

Serves parents with children up to age 12.

DEPARTMENT OF VETERANS' AFFAIRS

(VA) 400 South 18th Street 63103

800-827-1000 www.va.gov

The VA interviews homeless veterans for service-connected disability or pension benefits, if eligible. Job referral service is available through the Missouri State Employment Service.

EPWORTH CHILDREN and FAMILY SERVICES

110 N. Elm Ave. 63119

www.epworth.org 314-961-5718

Residential and Intensive Treatment. Serves youth ages 11 to 18 who are experiencing an emotional, mental or behavioral crisis. Foster care and transitional housing. Outreach program: 314-222-4877.

FREE GOVERNMENT CELL PHONES

www.freegovernmentcellphones.net/states/missouri

If you are receiving any form of government benefits or meet income guidelines, you may qualify. There is a list of Missouri providers on the website.

GED HOTLINE 800-626-9433

www.gedtestingservice.com

The GED test is now only offered on computer.

JEFFERSON ONLINE INFORMATION NETWORK (JOIN-N)

www.join-n.org

A comprehensive list of resources and information throughout Jefferson County, including housing and employment services.

MISSOURI HEALTH CARE MARKETPLACE AND HEALTHCARE.GOV**www.EnrollMissouri.org****24-Hour Hotline: 800-318-2596**

Hotline handles consumer questions and starts the process. It is recommended you start here to access the HealthCare.gov website.

PARENT LINK**www.parentlink.missouri.edu 800-552-8522 En Español: 888-460-0008**

Answers and options regarding parenting concerns. Support for incarcerated parents. The website has many resources.

PEOPLE'S HEALTH CENTERS**5701 Delmar Blvd. 63112 www.phcenters.org 314-367-7848**

Provides a wide range of health care and social services. Call or search their website for more information and addresses of locations.

PLANNED PARENTHOOD**4251 Forest Park Ave. 63108** Main location. (Many others throughout the area.)**www.plannedparenthood.org 314-531-7526**

To schedule an appointment or for more information, call 800-230-PLAN (7526) Many health care services and testing.

REDEVELOPMENT OPPORTUNITIES FOR WOMEN**www.row-stl.org****City Office: 314-588-8300 CALL FOR ADDRESS****County Office: 2709 Woodson Rd. Overland 63114 314-863-0236**

A variety of programs for women. The emphasis is on financial independence.

SMOKERS: Quitline number: 800-QUIT-NOW (800-784-8669)**SOCIAL SECURITY****717 N. 16th Street 63103.****www.socialsecurity.gov 800-772-1213****ST. PATRICK PARTNERSHIP CENTER****800 North Tucker 63101****314-802-0700**

The Partnership Center provides home living skills training and open market housing for individuals referred by agencies within the Homeless Services Network. Employment training, child care, GED, and vocational referrals available.

STD TESTING CENTERS**1-866-693-4517**

Same day testing for the 8 most common sexually transmitted diseases. Located throughout the greater St. Louis metro region. This phone number provides information about locations and the process.

TREATMENT CENTER DIRECTORY by city and state**www.treatmentcentersdirectory.com****1-800-838-1752**

