**Physical Education Scavenger Hunt**

Find the item on the list below and then complete the task. If you move anything, please make sure to put it back when you are done. Have fun!

* **Find something you can jump over (CAREFULLY) and jump over it 5 times.**
* **Find something to crawl under and crawl under it 2 times.**
* **Find something yellow, touch it and then do 8 push ups.**
* **Find something to balance on (carefully) and balance for 20 seconds.**
* **Find something Red, touch it and then do 20 jumping jacks.**
* **Find something you can balance on your head, walk from the kitchen to the bedroom ( or for 20 seconds) while balancing the object.**
* **Find something to skip around 5 times.**
* **Turn on your favorite song and dance to the entire song.**
* **Find each person in your house and give them a compliment (example-Mom, you did a great job helping me with my school work today, Dad, breakfast was really good this morning thank you for making it for me)**

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