

Teacher Name: Mr. Streid

Lesson Plans Week of: 8/31/20-9/4/20

Subject: Physical Education

Day	Topic		Assessment(s)	Digital Resource/Link
P.E. Class – KG – 4th Grade	Introduction/ Ice Breaker	<p>Objective(s):</p> <ul style="list-style-type: none"> -Students will be introduced to the teacher and other classmates. -Students will begin to form relationships with teacher and classmates. <p>Activity:</p> <ul style="list-style-type: none"> • Warm up- GoNoodle Video • Draw a summer activity Picture 	Verbal assessment	TEAMS PAGE
	Procedures	<p>Objective(s):</p> <ul style="list-style-type: none"> -To gain a better understanding of the virtual classroom rules and expectations. <p>Activity: Nearpod</p> <p>Independent Practice:</p> <ul style="list-style-type: none"> -Microsoft Form to be filled out after the live session. This will be in a quiz format. 	Microsoft Form will be used as a quiz	TEAMS PAGE
	Community Building Activity	<p>Objective(s):</p> <ul style="list-style-type: none"> -Students will be introduced to physical activity and begin to understand the importance of it. <p>Activity: At Home Scavenger Hunt</p> <p>Independent Practice:</p> <ul style="list-style-type: none"> -Students will try to participate in 60 minutes of physical activity of their choice. 	Verbal Assessment	TEAMS PAGE

PE CLASS – 5th & 6th Grade	Wellness /Ice Breaker	<p>Objective(s):</p> <ul style="list-style-type: none"> -Students will be introduced to the teacher and other classmates. -Students will begin to form relationships with teacher and classmates. <p>Guided Practice</p> <ul style="list-style-type: none"> - Minute to win it with Coach Streid <p>Independent Practice:</p> <ul style="list-style-type: none"> -Spend some time chatting among other classmates and find out fun facts and common interests. 	Verbal assessment	TEAMS PAGE
	Procedure	<p>Objective(s):</p> <ul style="list-style-type: none"> -To gain a better understanding of the virtual classroom rules and expectations. <p>Activity:</p> <ul style="list-style-type: none"> -Nearpod Lesson with Quiz <p>Independent Practice:</p> <ul style="list-style-type: none"> -Microsoft Form will be assigned for the students to fill out to check for understanding of the rules and expectations. 	Microsoft Form will be in a quiz format	TEAMS PAGE
	Community Building	<p>Objective(s):</p> <ul style="list-style-type: none"> -Students will be introduced to physical activity and begin to understand the importance of it. <p>Activity:</p> <ul style="list-style-type: none"> -Students will perform 5 at home activities from the “Fitness Ideas” file in Microsoft Teams. <p>Independent Practice:</p> <ul style="list-style-type: none"> -Students will try to participate in 60 minutes of physical activity of their choice. 	Assesment	TEAMS PAGE