



## Guidance for Student Illness

At St. Louis Public School we want to ensure that all our students are safe and remain that way for the duration of the school day. For your understanding we have compiled a list of symptoms to monitor your child for, and if they have any of these symptoms, please keep your child at home until the symptoms subside. If there are any questions or concerns about anything please reach out to the nurse at your child's school, your child's pediatrician, or go to the nearest Urgent Care or ER for additional help.

**Difficulty breathing:** please keep the child home until the breathing is better. If the child has difficulty speaking or eating or if you notice they are not their usual color seek medical attention **IMMEDIATELY**.

**Fever:** If your child has a fever over 100.4 please keep them at home. If the child is sent home from school with a fever the child must be fever-free for 24 hours before they can return to school. In some cases, a child with a low-grade fever may also need to go home, depending on what other symptoms they may have. In this case the child will also need to stay home for 24 hours before returning to school.

*-Just to clarify if the child is still using medication to keep their fever down, they need to stay home until they do not need to use medication to reduce their fever.*

A fever is defined as: **Rectal/ear/forehead temp of 100.4 degrees F or higher.**

**Oral temp of 100 degrees F or higher**

**Under the arm temp of 99.0 F or higher**

**Eye drainage:** any yellow or green discharge from the eyes. This child would need to seek medical attention to get antibiotic treatment. Child may return to school once they have been on antibiotics for 24 hours. **Conjunctivitis (pinkeye):** child needs to see pediatrician and can return to school after 24 hrs. of antibiotic use.

**Vomiting/diarrhea:** child **MUST** go home and stay until symptoms subside. Child should also be eating/drinking without difficulty before returning to school. If there is vomiting, child must be free from vomiting for 24 hours. For diarrhea child must be free from diarrhea for 12 hours.

**Rash (unexplained):** child should seek medical attention. May return to school with doctor's statement.

**Hand/foot/mouth, chickenpox:** both are **HIGHLY** contagious. Child should stay home until sores have crusted over. Also, please alert school so that other parents can be informed and can monitor for symptoms in their children.

**Head lice:** child may return to school after first lice treatment has been administered.

**Strep throat:** child may return to school once fever free and/or has been on antibiotics for 24hrs.

**Bed bugs:** please check all belongings for bugs. If bites are found refrain from scratching area. Notify landlord of infestation so home can be sprayed, wash clothing in hot water. Child will need to be picked up from school.

*Information obtained from Childrens hospital website and cdc.org*