

2021 ANNUAL CONFERENCE

# SAINT LOUIS CRISIS NURSERY

HOSTED VIRTUALLY VIA ZOOM  
APRIL 30TH, 2021 BEGINNING AT 9:00AM.  
REGISTER [HERE](#)



*Saving babies' lives,  
keeping kids safe, &  
building strong families.*

Registering to attend our conference automatically enters you into the door prize drawings. Winners will be contacted via their registration contact information. Participants will also be contacted to receive certificates of attendance. Instructions for logging into conference will be included in your registration confirmation.



“Every day, we write  
the future / Together,  
we sign it / Together,  
we declare it / We  
share it / For this truth  
marches on / Inside  
each of us.”  
- Amanda Gorman

*Bringing our community together in trying times to focus on how we can continue pushing forward. Co-Sponsored by the Family Stress Council.*

# SAINT LOUIS CRISIS NURSERY

## 2021 ANNUAL CONFERENCE

FRIDAY APRIL 30TH, 2021 9AM-12:30PM

### Presenters

**9:00-9:05AM: Welcome & Introduction**, Alana Ramey, MSW-Training, Diversity, Equity, and Inclusion Manager

**9:05-9:15AM: Crisis Nursery Update**, Molly Brown, LPC -Senior Clinical Director

### Break: 10:00-10:10AM

**9:15AM-10:00AM: *Trauma-Informed Approach to the COVID-19 Pandemic* LINDSAY KYONKA, MSW, LCSW, SENIOR PROGRAM QUALITY MANAGER, SAINT LOUIS CRISIS NURSERY**

Lindsay is a Licensed Clinical Social Worker serving as Sr. Program Quality Manager at the Saint Louis Crisis Nursery, where she ensures high quality standards are met across programming, manages program outcomes, and trains staff in trauma informed practices. She has more than 12 years of professional experience working with vulnerable children and families, including specific training and expertise in trauma informed care, evidence-informed interventions for families facing multiple risk factors for child abuse and neglect, and interventions for children with problematic sexual behaviors. Lindsay earned her Master of Social Work degree with a concentration in Family Practice from the University of Missouri-St. Louis and holds a Graduate Certificate in Violence and Injury Prevention from the Brown School at Washington University.

**10:10AM-11:00AM: *Assessing, Intervening, and Managing Suicide* RYAN LINDSAY, MSW, ASSOCIATE PROFESSOR OF PRACTICE, WASHINGTON UNIVERSITY IN ST. LOUIS - BROWN SCHOOL**

Ryan Lindsay's career has focused on training new and experienced providers in various evidence-based treatments, consulting with organizations on how to implement evidence-based programs, and aiding organizations in program development utilizing evidence-based principles. At the Brown School, he chairs, teaches and advises students within the Mental Health concentration in the Master of Social Work program. Lindsay has developed specialties in several evidence-based treatments. Currently, he is a Certified Dialectical Behavior Therapist by the Linehan Board of Certification, an expert in the application of Prolonged Exposure Therapy for complicated PTSD, and a trainer in Motivational Interviewing. In 2009, Lindsay co-founded Sparlin Mental Health to bring high quality, evidence-based, and trauma-informed services to the St. Louis region.

**11:00AM-11:30AM: *Not Everyone Is Safe At Home: Child Abuse During a Pandemic* AMY ROBINS, FORENSIC SERVICES DIRECTOR, THE CHILD CENTER**

Amy Robins graduated from Truman State University with a Bachelor's Degree in Justice Systems and a minor in Psychology. She began her career in 2005 as a Child Abuse/Neglect Investigator with the Missouri Children's Division in St. Charles County. In 2012, Amy began working at The Child Center Inc., the Child Advocacy Center for Northeast Missouri where she currently serves as the Forensic Services Director. Throughout her years with the Children's Division and The Child Center, Inc. Amy has presented training to numerous professionals in the areas of child abuse and neglect prevention, mandated reporting, obtaining cursory statements, how to handle a child's disclosure, the multi-disciplinary team approach and also forensic interviewing. Amy is currently the Lead Faculty member for Zero Abuse Project's ChildFirst Missouri training, serves on the Missouri Child Abuse and Neglect Review Board and was also named the 2016 Family and Sexual Violence Hero of the Year Award winner.

**11:30AM-12:30PM: *RESTORATIVE SELF-CARE* ANGELA TATE, MED LPC, ADJUNCT INSTRUCTOR - HARRIS-STOWE UNIVERSITY**

Angela M. Tate is a counselor, trainer and speaker from St. Louis, MO. She received a Bachelor of Arts in Psychology from Maryville University - St. Louis and a Master's of Education in Counseling from University of Missouri-St. Louis. She is a licensed professional counselor in the State of Missouri. Angela is also an adjunct professor in the Psychology department of Harris Stowe State University. She works with individuals with a variety of different concerns including grief and loss, spiritual concerns and childhood trauma. She believes that each person has the capacity to fully participate in their own healing and counts it a privilege to be invited into the work.

