



HelpLine open 7 days a week 9am-5pm.
Call 314-962-4670 or email
info@namistl.org

Program Schedule 04/01/2021 - 04/06/2021

Visit www.namistl.org for more information about Online Programming.

Thursday 04/01/21	Friday 04/02/21	Saturday 04/03/21	Sunday 04/04/21	Monday 04/05/21	Tuesday 04/06/21
<p>Online Family-to-Family Program 8-week educational course for family members, friends, loved ones of adults with mental health conditions.</p> <p>04/01/21 thru 05/20/21 6:00pm - 8:30pm Register here!</p> <p>Online Basics Program 6-week educational course for parents/caregivers that have a child under 18 with a mental health condition.</p> <p>04/01/21 thru 05/06/21 6:30pm - 9:00pm Register here!</p> <p>Online Family Support Group For family members, friends, loved ones of adults with mental health conditions.</p> <p>7:30pm - 9:00pm Register here!</p>	No Programming	No Programming	No Programming	<p>Online Family Support Group For family members, friends, loved ones of adults with mental health conditions.</p> <p>6:00pm - 7:30pm Register here!</p> <p>Online Connection Recovery Support Group For adults (18+) living with mental health conditions.</p> <p>6:30pm-8:00pm Register here!</p>	No Programming

Program Schedule 04/07/2021 - 04/12/2021

Visit www.namistl.org for more information about Online Programming.

Wednesday 04/07/21	Thursday 04/08/21	Friday 04/09/21	Saturday 04/10/21	Sunday 04/11/21	Monday 04/12/21
No Programming	<p>2nd Thursday Wellness Series For anyone in the community that would like to learn about the monthly topic. Topic: Supporting Grieving Kids & Teens Speaker: Liz Ricks-Aherne, LMSW (Annie's Hope – The Center for Grieving Kids) 12:00pm - 1:00pm Register here!</p> <p>Online Family-to-Family Program 8-week educational course for family members, friends, loved ones of adults with mental health conditions. 04/01/21 thru 05/20/21 6:00pm - 8:30pm Register here!</p> <p>Online Basics Program 6-week educational course for parents/caregivers that have a child under 18 with a mental health condition. 04/01/21 thru 05/06/21 6:30pm - 9:00pm Register here!</p>	<p>More Than Sad: A Presentation about Depression For anyone in the community that would like to learn about mental health. 12:00pm - 1:00pm Register here!</p>	No Programming	<p>Online Connection Recovery Support Group For adults (18+) living with mental health conditions. 2:00pm-3:30pm Register here!</p>	<p>Online Connection Recovery Support Group For adults (18+) living with mental health conditions. 6:30pm-8:00pm Register here!</p>

Program Schedule 04/13/2021 - 04/18/2021

Visit www.namistl.org for more information about Online Programming.

Tuesday 04/13/21	Wednesday 04/14/21	Thursday 04/15/21	Friday 04/16/21	Saturday 04/17/21	Sunday 04/18/21
<p>Speaker Series Featuring individuals with lived experience sharing about what it's like to have a mental health condition.</p> <p>12:00pm - 1:00pm <u>Register here!</u></p> <p>Online Connection Recovery Support Group For adults (18+) living with mental health conditions.</p> <p>6:30pm - 8:00pm <u>Register here!</u></p> <p>Family Support Group Webster Groves For family members, friends, loved ones of adults with mental health conditions.</p> <p>6:30pm - 8:00pm <u>Click here for more information!</u></p>	<p>No Programming</p>	<p>Get to Know NAMI St. Louis For anyone in the community that would like to learn about what services NAMI St. Louis offers.</p> <p>12:00pm - 1:00pm <u>Register here!</u></p> <p>Online Family Support Group For family members, friends, loved ones of adults with mental health conditions.</p> <p>7:30pm - 9:00pm <u>Register here!</u></p> <p>Online Family-to-Family Program 8-week educational course for family members, friends, loved ones of adults with mental health conditions.</p> <p><u>Class is closed. Click here for future classes.</u></p> <p>Online Basics Program 6-week educational course for parents/caregivers that have a child under 18 with a mental health condition.</p> <p><u>Class is closed. Click here for future classes.</u></p>	<p>Anxiety Myth or Fact?: A Presentation about Anxiety For anyone in the community that would like to learn about mental health.</p> <p>12:00pm - 1:00pm <u>Register here!</u></p>	<p>No Programming</p>	<p>Online Connection Recovery Support Group For adults (18+) living with mental health conditions.</p> <p>2:00pm-3:30pm <u>Register here!</u></p>



HelpLine open 7 days a week 9am-5pm.
Call 314-962-4670 or email
info@namistl.org

Program Schedule 04/19/2021 - 02/24/2021

Visit www.namistl.org for more information about Online Programming.

Monday 04/19/21	Tuesday 04/20/21	Wednesday 04/21/21	Thursday 04/22/21	Friday 04/23/21	Saturday 04/24/21
<p>Online Family Support Group For family members, friends, loved ones of adults with mental health conditions.</p> <p>6:00pm - 8:30pm <u>Register here!</u></p> <p>Online Family-to-Family Program 8-week educational course for family members, friends, loved ones of adults with mental health conditions.</p> <p>04/19/21 thru 06/07/21 6:00pm - 8:30pm <u>Register here!</u></p> <p>Online Connection Recovery Support Group For adults (18+) living with mental health conditions.</p> <p>6:30pm-8:00pm <u>Register here!</u></p>	<p>No Programming</p>	<p>Family & Friends Seminar For anyone in the community that would like to learn about what services NAMI St. Louis offers.</p> <p>9:00am- 11:00am <u>Register here!</u></p> <p>Online Basics Support Group 6-week educational course for parents/caregivers that have a child under 18 with a mental health condition.</p> <p>7:00pm - 8:30pm <u>Register here!</u></p>	<p>Online Family-to-Family Program 8-week educational course for family members, friends, loved ones of adults with mental health conditions.</p> <p><u>Class is closed. Click here for future classes.</u></p> <p>Online Basics Program 6-week educational course for parents/caregivers that have a child under 18 with a mental health condition.</p> <p><u>Class is closed. Click here for future classes.</u></p>	<p>No Programming</p>	<p>No Programming</p>



HelpLine open 7 days a week 9am-5pm.
Call 314-962-4670 or email
info@namistl.org

Program Schedule 04/25/2021 - 04/30/2021

Visit www.namistl.org for more information about Online Programming.

Sunday 04/25/21	Monday 04/26/21	Tuesday 04/27/21	Wednesday 04/28/21	Thursday 04/29/21	Friday 04/30/21
<p>Online Connection Recovery Support Group For adults (18+) living with mental health conditions.</p> <p>2:00pm-3:30pm <u>Register here!</u></p>	<p>Online Family-to-Family Program 8-week educational course for family members, friends, loved ones of adults with mental health conditions.</p> <p>04/19/21 thru 06/07/21 6:00pm - 8:30pm <u>Register here!</u></p> <p>Online Connection Recovery Support Group For adults (18+) living with mental health conditions.</p> <p>6:30pm-8:00pm <u>Register here!</u></p>	<p>Online Connection Recovery Support Group For adults (18+) living with mental health conditions.</p> <p>6:30pm-8:00pm <u>Register here!</u></p>	<p>No Programming</p>	<p>Online Family Support Group For family members, friends, loved ones of adults with mental health conditions.</p> <p>7:30pm - 9:00pm <u>Register here!</u></p> <p>Online Family-to-Family Program 8-week educational course for family members, friends, loved ones of adults with mental health conditions.</p> <p><u>Class is closed. Click here for future classes.</u></p> <p>Online Basics Program 6-week educational course for parents/caregivers that have a child under 18 with a mental health condition.</p> <p><u>Class is closed. Click here for future classes.</u></p>	<p>Get to Know NAMI St. Louis For anyone in the community that would like to learn about what services NAMI St. Louis offers.</p> <p>12:00pm - 1:00pm <u>Register here!</u></p>