



SMART SNACKING

February 2025

Ames VPA Elementary (PK-5)
Dinner

MONDAY

3

- Supper
- **Sunbutter Sandwich & Veggie Fun Lunch**
 - Cheddar Goldfish
 - Cinnamon Diced Peaches
 - 1% Low-fat Milk

TUESDAY

4

- Supper
- **Pizza Bagel Fun Lunch**
 - Scooby Doo Graham Crackers
 - Fresh Broccoli Florets
 - Fresh Red Seedless Grapes
 - 1% Low-fat Milk

WEDNESDAY

5

- Supper
- **Creamy Chicken Caesar Wrap**
 - Fresh Carrots
 - Fresh Banana
 - 1% Low-fat Milk

THURSDAY

6

- Supper
- **Crispy Chicken Caesar Salad**
 - Hawaiian Roll
 - Fresh Cherry Tomatoes
 - Cinnamon Diced Peaches
 - 1% Low-fat Milk

FRIDAY

7

- Supper
- **Turkey Ham & Cheese on Pretzel Roll**
 - Cheddar Goldfish
 - Fresh Celery Sticks
 - Fresh Banana
 - 1% Low-fat Milk

10

- Supper
- **Chicken Ranch Wrap**
 - Cheddar Goldfish Crackers
 - Fresh Cauliflower Florets
 - Chilled Diced Pears
 - 1% Low-fat Milk

11

- Supper
- **Turkey Club Bagel Sandwich**
 - Fresh Carrot Sticks
 - Fresh Red Delicious Apple
 - 1% Low-fat Milk

12

- Supper
- **Creamy Chicken Caesar Wrap**
 - Seasoned Broccoli
 - Fresh Orange
 - 1% Low-fat Milk

13

- Supper
- **Toasted Chicken Wrap**
 - Corn & Black Bean Salsa
 - Fresh Banana
 - 1% Low-fat Milk

14

17

- Supper
- **Build Your Own Pizza Fun Lunch**
 - Scooby Doo Graham Crackers
 - Fresh Broccoli Florets
 - Pineapple Tidbits
 - 1% Low-fat Milk

18

- Supper
- **Crispy Chicken Caesar Salad**
 - Hawaiian Roll
 - Fresh Cauliflower Florets
 - Mixed Fruit Cocktail
 - 1% Low-fat Milk

19

- Supper
- **Beef Taco Salad**
 - Tortilla Chips
 - Corn & Black Bean Salsa
 - Applesauce
 - 1% Low-fat Milk

20

21

- Supper
- **Chicken Ranch Wrap**
 - Fresh Celery Sticks
 - Fresh Red Seedless Grapes
 - 1% Low-fat Milk

24

- Supper
- **Sunbutter & Jelly Fold Over**
 - Cheddar Goldfish Crackers
 - Fresh Broccoli Florets
 - Chilled Diced Pears
 - 1% Low-fat Milk

25

- Supper
- **Turkey and Cheese Sandwich**
 - Scooby Doo Graham Crackers
 - Fresh Cherry Tomatoes
 - Fresh Red Delicious Apple
 - 1% Low-fat Milk

26

- Supper
- **Toasted Chicken Wrap**
 - Corn & Black Bean Salsa
 - Mixed Fruit Cocktail
 - 1% Low-fat Milk

27

- Supper
- **Roast Turkey Club Salad**
 - Croutons
 - Red Bell Pepper Strips
 - Applesauce
 - 1% Low-fat Milk

28

- Supper
- **Beef Taco Salad**
 - Tortilla Chips
 - Fresh Broccoli Florets
 - Pineapple Tidbits
 - 1% Low-fat Milk

If you have a food allergy, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.